Greatest

COPPER KNOB

拍數: 80

級數: Intermediate

編舞者: Trizia Ruggiero (UK) - December 2016

音樂: The Greatest - Sia

Sequence: S1-S10-X2/ TAG/ S1-S10/ TAG 1 AND ONE HALF TIMES

牆數:2

INTRO: 8 COUNTS

S-1: HITCH-POINT-SAILOR- SAILOR- HITCH POINT

- 1-2 Hitch R knee-Point R to R side
- 3&4 Sweep R back[3] place weight on ball of L[&] replace weight onto R [4]
- 5&6 Sweep L back [5] place weight on ball of R[&] replace weight onto L [6]
- 7-8 Hitch R knee- point R to R side

S-2: REPEAT S-1: HITCH-POINT SAILOR

S-3: STEP-LOCKS

- 1-4 Step forward on R- Lock L behind R- step forward on R- lock L behind R
- 5-8 Step forward on L lock R behind L step forward on L- lock R behind L

S-4: STEP BACK -TOUCH TOGETHER

- 1-2 Step back on R [angling body R] touch L beside R
- 3-4 Step back on L [angling body L] touch R beside L
- 5-6 Step back on R[angling body R] touch L beside R
- 7-8 Step back on L [angling body L] touch R beside L [straightening up]

S-5: SWEEPS -BUMPS

- 1-2 Sweep R back
- 3-4 sweep L back
- 5-6 sweep R back
- 7&8 bump hips [back –forward –back]

S-6: SWEEPS - PADDLE 3 QUARTER TURN

- 1-2 Sweep L back
- 3-4 sweep R back
- 5-6 sweep L back
- 7&8 Paddle round 3 quarter turn over L shoulder[R-R-R]

S-7: SAMBA STEPS – CROSS & CROSS

- 1&2 Cross R in front of L [1] place weight on ball of L[&] replace weight onto R[2]
- 3&4 Cross L in front of R[3] place weight onto ball of R[&] replace weight onto L
- & 5&6&7&8 cross R over L- step L to side –cross R over L step L to side cross R over L- step L to side Cross R over L step L to side

S-8: SAMBA STEPS- CROSS & CROSS

- 1&2 Cross L in front of R[1[place weight on ball of R[&] replace weight onto L
- 3&4 Cross R in front of L [3] place weight onto ball of L[&] replace weight onto L
- &5&6&7&8 Cross L over R- step R to side cross L over R- step R to side cross L over R- step R to side Cross L over R step R to side

S-9: SIDE MAMBO'S- HIP ROLL TURN

1&2 Rock R to R side – replace beside L



- 3&4 Rock L to L side replace beside R
- 5-8 Roll hips [making half turn over L shoulder]

S-10: SIDE MAMBO'S -HIP ROLL TURN

- 1&2 Rock R to R side- replace beside L
- 3&4 Rock L to L side replace beside R
- 5-8 Roll hips[making quarter turn over L shoulder]

TAG - SAMBA'S- UNWIND BOUNCING HALF TURN

- 1&2 Cross R in front of L [1] place weight onto ball of L[&] replace weight onto R[2]
- 3&4 Cross L in front of R[3] place weight onto ball of R[&] replace weight onto L
- 5&6 Cross R in front of L[5] place weight onto ball of L [&] replace weight onto R[6]
- 7&8 Cross L over R and turning R bounce round half turn

REPEAT LAST 8 COUNTS AGAIN TO COMPLETE TAG

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