

The River

拍數: 32 牆數: 4 級數: Beginner
編舞者: Silvia Schill (DE) - December 2016
音樂: The River - L'auPAIR



The dance starts with the singing

Side Rock R, Cross Shuffle L, Side Rock L, Behind Side Cross

1-2 Step RF to right side, LF lift up, weight back on LF
3&4 RF cross over LF, step LF to left side, RF cross over LF
5-6 Step LF to left side, RF lift up, weight back on RF
7&8 LF cross behind RF, step RF to right side, LF cross over RF

Rock Step R, Step Back, Touch, Rolling Vine L With Touch, 2x Clap

1-2 RF step forward, LF lift up, weight back on LF
3-4 RF big step backwards, tap LF beside RF
5-6 On the RF $\frac{1}{4}$ turn left and step LF forward, on the LF $\frac{1}{2}$ turn left and step RF backwards
7&8 On the RF $\frac{1}{4}$ turn left, step LF to left side and step RF beside LF, with 2x clap

Restart: In the 11th passage – 6 o'clock – break up and start from the beginning

Kick Ball Cross 2x, Side Rock R, Sailor Turn $\frac{1}{4}$ R

1&2 RF kick forward, right ball set beside LF, LF cross over RF
3&4 Such as 1&2
5-6 Step RF to right side, LF lift up, weight back on LF
7&8 RF cross behind LF with doing $\frac{1}{4}$ turn left, LF to left side, RF step forward (3 o'clock)

Rock Step L, Shuffle $\frac{1}{2}$ Turn L, Full Turn L, Touch, 2x Clap

1-2 LF step forward, RF lift up, weight back on RF
3&4 $\frac{1}{4}$ turn left and LF to left side, RF beside LF (weight on RF), $\frac{1}{4}$ turn left and LF step forward (9 o'clock)
5-6 $\frac{1}{2}$ turn left and RF step backwards, $\frac{1}{2}$ turn left and LF step forward
7&8 Right toe tap forward, 2x clap

(Optional: RF heel turn right/left while clapping)

Start again and happy dancing!

For any errors in the translation there is no guarantee!

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