Flamethrower

拍數: 32

級數: Intermediate

編舞者: Namida Dancers (CH) - December 2016

音樂: Flamethrower - Christie Lamb

Intro: 16 counts, 2 Restarts

- (1). Restart after 24 counts in the 3rd. wall
- (2). Restart after 7 counts and 1 hold in the 8th. wall

[1-8] □KICK BALL STEP, ROCK STEP RECOVER, SHUFFLE 1/4 TURN, CROSS ROCK, RECOVER

- 1&2 RF kick forward, RF close beside LF, LF step small step forward
- 3, 4 RF step forward, weight recover on LF
- 5&6 RF step with a 1/4 turn right to right, LF close beside RF, RF step to right
- 7, 8 LF cross over RF, weight recover on RF
- **2nd. Restart: here in the 8th. wall, step 8 change to a hold

[9-16] SAILOR 1/2 TURN, KICK BALL STEP, HEEL AND HEEL, ROCK STEP RECOVER

- 1&2 LF sweep with 1/4 turn left behind RF, RF close with a 1/4 turn left beside LF, LF step small step forward
- 3&4 RF kick forward, RF close beside LF, LF step small step forward
- 5&6& RF heel touch forward, close beside LF, LF heel touch forward, close beside RF
- 7, 8 RF step forward , weight recover on LF

[17-24] □SHUFFLE 1/2 TURN, SHUFFLE 1/2 TURN, ROCK BACK RECOVER, 3/4 TURN

- 1&2 RF step with a 1/4 turn right to right, LF close beside RF, RF step to right
- 3&4 LF step with a 1/4 turn right to left, RF close beside LF, LF step to left
- 5, 6 RF cross behind LF, weight recover on LF
- 7, 8 RF step with a 1/4 turn left back, LF step with a 1/2 turn left forward
- *1st. Restart: here in the 3rd. wall

[25-32] SHUFFLE FORWARD, FULL TURN, ROCK STEP RECOVER, COASTER STEP

- 1&2 RF step forward , LF close beside RF, RF step forward
- 3, 4 LF step with a 1/2 turn right back, RF step with a 1/2 turn right forward
- 5, 6 LF step forward, weight recover on RF
- 7&8 LF step back, RF close beside LF, LF step forward

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牆數:4