

Bored

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Ria Vos (NL) - December 2016
音樂: Bored to Death - Eric Hutchinson : (Album: Easy Street)



Intro: 16 Counts

Rock Fwd, & Rock Fwd, Shuffle Back, Rock Back

1-2 Rock Fwd on R, Recover on L
&3-4 Step R Next to L, Rock Fwd on L, Recover on R
5&6 Shuffle Back Stepping L-R-L
7-8 Rock Back on R, Recover on L

Step ¼ L, Touch, Side, Kick-Ball-Cross, Side, Behind-Side-Cross

1-2 Step Fwd on R, ¼ Turn L Tap L Toe to R Diagonal (weight on R)
3 Step L to L Side
4&5 Kick R to R Diagonal, Step R Next to L, Cross L Over R
6 Step R to R Side
7&8 Step L Behind R, Step R to R Side, Cross L Over R

Side Rock, Crossing Shuffle, ¼ R, Side, Crossing Shuffle

1-2 Rock R to R Side, Recover on L
3&4 Cross R Over L, Step L to L Side, Cross R Over L
5-6 ¼ Turn R Step Back on L, Step R to R Side
7&8 Cross L Over R, Step R to R Side, Cross L Over R

Side Rock, & Side Rock, Sailor ¼ Turn L, Walk, Walk

1-2 Rock R to R Side, Recover on L
&3-4 Step R Next to L, Rock L to L Side, Recover on R
5&6 Step L Behind R Turning ¼ Turn L, Step R Next to L, Step Fwd on L
7-8 Walk Fwd R-L

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