

Rumba Espana

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 2 級數: Novice
編舞者: Neil Smith (UK) - December 2016
音樂: Estoy Enamorado by Thalia & Pedro Capo



This dance uses international style timing 2341

[1-8] FORWARD BASIC , BACK BASIC WITH ½ TURN

- 1 side right
- 2 forward left
- 3 replace weight to right
- 4 side left
- 1 hold
- 2 back right commencing to turn left
- 3 replace weight to left continuing to turn left
- 4 complete ½ turn to left side right

[9-16] WEAVE , HIP TWIST

- 1 hold
- 2 step left behind right
- 3 side right
- 4 cross left in front of right
- 1 hold
- 2 sweep right in front of left turning hips ¼ turn to left
- 3 turn hips ¼ to right side left
- 4 ¼ turn left step back right

[17-24] HIP ROLLS

- 1 hold
- 2 roll weight forward into left hip
- 3 roll weight back into right hip
- 4 roll weight forward in left hip
- 1 hold
- 2 roll weight back into right hip
- 3 roll weight forward into left hip
- 4 roll weight back into right hip

[25-32] 2x CUCURACHA WITH ¼ TURN LEFT

- 1 hold
- 2 rock left to left side
- 3 replace weight to right
- 4 close left to right
- 1 hold
- 2 rock right to right side
- 3 replace weight to left commencing to turn left
- 4 complete ¼ turn left

START DANCE AGAIN WITH A HOLD ON COUNT 1

Contact: dancepro@live.co.uk

