

# A Lonely Night

COPPER KNOB  
STEPSHEETS

拍數: 48      牆數: 2      級數: Easy Improver  
編舞者: Sebastiaan Holtland (NL) - December 2016  
音樂: Unpredictable - Olly Murs : (CD: 24 HRS Deluxe 2016)



**Introduction: 16 Counts when the beat starts, Start on approx 09 sec.**

## **Part I. [1-8] Hitch R, Kick R, ¼ Pivot Turn L, Cross, ¼ Turn R, Back, Coaster Step R.**

1-4            Hitch R knee up, Kick R forward, Step R back in place forward, Pivot ¼ turn L (9) onto L.  
5-6            Step R across L, Making ¼ turn R (12) step L back.  
7&8            Step R back, Step L beside R, Step R forward.

## **PART II. [9-16] Step, Pop R, Replace, Pop L, Replace, Pop R, Replace, Pop L, ¼ Turn L, Replace, Hitch, Big Side Step, Together.**

1-2            Step L forward and pop R knee forward, Step R back in place and pop L forward.  
3-4            Step L back in place and pop R forward, Step R back in place and pop L forward.  
5-8            Making ¼ turn L (9) and step L back in place slightly forward, Hitch R knee up, step R big to R, Step L beside R.

## **PART III. [17-24] Swiveling Heel & Toe Splits, 1/8 Turn L, Knee Lift L, Step, Lock, Step, 1/8 Turn L, Step, Lock, Step.**

1-2            Split both heels out to side (1.), Split both toes out to side over heels (2.).  
3-4            Split both heels out to side over toes (3.), Making 1/8 L (7.30) hitch L knee up (4.).  
5&6            On diagonal step L forward, Lock R behind L, Step L forward.  
7&8            Making 1/8 turn L (6) step R forward, Lock L behind R, Step R forward.

## **PART IV. [25-32] Point Fwd, Back, Back, Heel Pivot ¼ R, Jump Both Feet Apart with ¼ Turn R, Heel Bounce, ½ Pivot Turn L.**

1-4            Point L forward, Step L back, Step R back, Making ¼ turn R (9) over both heels taking weight onto L.  
&5&6            Making ¼ turn R (12) jump both feet apart slightly forward (&5), Heel bounce on both feet, Taking weight onto L.  
7-8            Step R forward, Pivot ½ Turn L (6) onto L. \*restart\*

**Restart here in Wall 2 after 32 counts, after start again (12 o'clock).**

## **PART V. [33-40] Syncopated Kicks R, L, ¼ Pivot Turn L, Heel Switches R, L, Together, Body Roll Up.**

1&2&            Kick R across forward, Step R back in place slightly to R, Kick L across forward, Step L back in place slightly to L.  
3-4            Step R forward, Pivot ¼ Turn L (3) onto L.  
5&6&            Touch R heel diagonal forward, Step R back in place, Touch L heel diagonal, Step L back in place  
7-8            Step R beside L and make a body roll up with bending knees take weight onto L.

## **PART VI. [41-48] Hitch & Cross, Side & Point Diag, Hold, Replace, Diamond ¼ Turn R.**

1&2            Hitch R knee up across L, Step R back in place slightly to R, Step L across R.  
&3-4            Step R slightly to R, Point L diagonal forward, Hold.  
&5&6            Step L back in place, Step R across L, Making 1/8 R step L to L, Step R back (4.30)  
7&8            Step L back, Making 1/8 turn R (6) step R to R, Step L forward

**REPEAT DANCE AND HAVE FUN!!**

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