

That's The Jingle Bell Rock!

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: High Beginner
編舞者: Eun Mi Lim (KOR) - December 2016
音樂: Jingle Bell Rock (Glee Cast Version) - Glee Cast



Intro: 16 Counts on main vocals – No Tags, No Restarts

S1. Side, Cross Low Kick, Side, Cross Low Kick, Lindy R

1234 Step R to R side, low Kick L across R, step L to L side, low Kick R across L.
5&678 Step R to R side, step L next to R, step R to R side, Rock back on L, recover R.

S2. Side, Cross Low Kick, Side, Cross Low Kick, Lindy L

1234 Step L to L side, low Kick R across L, step R to R side, low Kick L across R.
5&678 Step L to L side, step R next to L, step L to L side, Rock back on R, recover L.

S3. K – Step (Step, Touch on diagonal forward and back)

1234 Step R to R front diagonal, touch L beside R & clap, step L to L back diagonal, touch R
 beside L & clap.
5678 Step R to R back diagonal, touch L beside R & clap, step L to L front diagonal, touch R
 beside L & clap.

S4. Forward, Scuff, Forward, Scuff, Jazz Box 1/4 R

1234 Step R forward, scuff L, step L forward, scuff R.
5678 Cross step R over L, make 1/4 turn to R stepping back on L, step R to R side, step L next to
 R (3:00).

S5. Walk Forward R-L-R, Hitch, Walk Back L-R-L, Touch

1234 Step R forward, step L forward, Step R forward, hitch L fwd.
5678 Step L back, step R back, step L back, touch R beside L.

S6. Side & Shimmy, Hold & Shimmy, Together & Clap, Hold & Clap (2X)

1234 Step R to R side start shimmy shoulders (1,2), step L next to R & clap (3), hold & clap (4).
5678 Step R to R side start shimmy shoulders (5,6), step L next to R & clap (7), hold & clap (8).

S7. Vine R Together, Pivot 1/4 Turn L 2X

1234 Step R to R side, cross L behind R, step R to R side, step L next to R
5678 Step R forward, pivot 1/4 turn L, Step R forward, pivot 1/4 turn L (9:00). ***

*** NOTE : (a 1 wall line dance: Partner / Circle) - you must be facing each other, face to face.

This dance can be made in circle: you can change partner if you move slightly when you return to your place.

STEP CHANGE:

S7. 5678 Step R forward, pivot 1/8 turn L, Step R forward, pivot 1/8turn L (12:00).

S8. Cross, Recover, Chasse, Twist

123&4 Cross R over L, Recover L, step R to R side, step L next to R, Step R to R side.
5678 Swivel heels R, Swivel heels L, Swivel heels R, Swivel heels back to center.

Begin Again and Enjoy!!!

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