

L.O.V.E

拍數: 64 牆數: 2 級數: Phrased Intermediate
編舞者: Darren Bailey (UK) - December 2016
音樂: L.O.V.E. - Chris Mann



Intro: 16 Counts - Pattern: A, B, A, A (Restart), A, B, A, A, A, A

Part A

Out, Out, In, Touch, Dorothy step L, Touch R with Knee pop, L knee pop

- 1-2 Step out to R diagonal with RF, Step out to L diagonal with LF
- 3-4 Step back on RF, Touch LF next to RF
- 5-6& Step LF forward to L diagonal, Lock RF behind LF, Step LF forward to L diagonal
- 7-8 Make a 1/8 turn R and touch RF slightly forward popping R knee forward, Change weight onto RF and pop L knee forward (now facing 1:30)

Step with sweep, Cross, Chasse L, Back with sweep, Cross behind, Sway R, Sway L

- 1-2 Step forward on LF and sweep RF from back to front, Cross RF in front of LF making a 1/8 turn L now facing (12:00)
- 3&4 Step LF to L side, Close RF next to LF, Step LF to L side
- 5-6 Step back on RF and sweep LF from front to back, Cross LF behind RF
- 7-8 Step RF to R side and Sway hips to R, Sway hips to L

Restart he on wall 4 (3rd A)

R sailor step, Hitch L, Touch L, ¼ L with arm stretch, ¼ turn L

- 1&2 Cross RF behind LF, Step LF to L side, Step RF to R side
- 3-4 Hitch L knee bringing it in slightly, Touch LF to L side
- 5-6 Make a ¼ turn L over 2 counts finishing with weight on LF
- 7-8 Start to push R hand across body to the L (around shoulder level), Make a ¼ turn L and continue to stretch with R hand now stretching forward (weight ends on LF)

Cross R, Rock L, Recover, Cross L, Rock R, Recover, Jazz Box with R

- 1&2 Cross RF over LF, Rock LF to L side, Recover onto RF
- 3&4 Cross LF over RF, Rock RF to R side, Recover onto LF
- 5-6 Cross RF over LF, Step back on LF
- 7-8 Step RF to R side, Step forward on LF

Part B

Walk back x4 (R,L,R,L), ¼ turn L, Walk back x4 (R,L,R,L)

- 1-2 Step back on RF, Step back on LF
- 3-4 Step back on RF, Step back on LF
- 5-6 Make a ¼ turn L and step back on RF, Step back on LF
- 7-8 Step back on RF, Step back on LF

(The above 8 counts should be danced with a little shoulder shimmy)

Step to R, Hip roll x2, 1/8 Pivot turn L x2

- 1-2 Step RF to R side and start to roll hips around, Finish rolling hips around with a little pop of the hip to the L
- 3-4 Reverse the hip roll to the opposite direction, Finish rolling hips around with a little pop of the hip to the R
- 5-6 Step forward on RF, Make a ¼ turn pivot L
- 7-8 Step forward on RF, Make a ¼ turn pivot L

Walk back x4 (R,L,R,L), ¼ turn L, Walk back x4 (R,L,R,L)

- 1-2 Step back on RF, Step back on LF
- 3-4 Step back on RF, Step back on LF
- 5-6 Make a ¼ turn L and step back on RF, Step back on LF
- 7-8 Step back on RF, Step back on LF

(The above 8 counts should be danced with a little shoulder shimmy)

Step to R, Hip roll x2, 1/8 Pivot turn L x2

- 1-2 Step RF to R side and start to roll hips around, Finish rolling hips around with a little pop of the hip to the L
- 3-4 Reverse the hip roll to the opposite direction, Finish rolling hips around with a little pop of the hip to the R
- 5-6 Step forward on RF, Make a 1/8 turn pivot L
- 7-8 Step forward on RF, Make a 1/8 turn pivot L

Hope you enjoy the dance.

Live to Love; Dance to Express.

Last Update – 6th Dec 2016
