

# Stayin'Alive AB (Absolute Beginner)

**COPPER KNOB**  
BYEPOSTETS

拍數: 32      牆數: 4      級數: Absolute Beginner  
編舞者: Marylène Bocquet (FR) - October 2016  
音樂: Stayin' Alive - Julian Perretta, Francesco Yates & Måns Zelmerlöw : (From Saturday Night Fever)



#16 counts Intro - NO TAG NO RESTART

Dance written for BOUFFERE FESTIVAL (France) 5 & 6 November 2016 for absolute beginners dancers

This dance version exists as a beginner/improver level dance. It is called STAYIN' ALIVE

## Section 1: DIAGONAL TOUCH- x 2, WALK BACK R-L-R-L

- 1 - 2      Step right foot diagonally forward Touch left close to right facing
- 3 - 4      Step left foot diagonally forward, Touch right close to left
- 5 - 6      Walk back on right foot, Walk back on left foot,
- 7 - 8      Walk back on right foot, Walk back on left foot,

## Section 2: MODIFIED RUMBA,

- 1 - 2      Step right foot to right side, Step left foot beside right,
- 3 - 4      Step right forward, Touch left close to right
- 5 - 6      Step left foot to left side, Step right foot beside left,
- 7 - 8      Step left forward, Touch right close to left

## Section 3: SIDE TOGETHER SIDE TOUCH , SIDE TOGETHER ¼ TURN LEFT TOUCH

- 1 - 2      Step right foot to right side, Step left beside right,
- 3 - 4      Step right foot to right side, Step left foot close to right
- 5 - 6      Step left to left side, Step right beside left
- 7 - 8      Step left to left side, ¼ turn left touch right close to left (Weight on left) 9:00

## Section 4: OUT, OUT, IN, IN, STOMP x2, BUMP HIPS L-R-L

- 1 - 2      Step right to right diagonal, Step left to left diagonal, (Feet apart)
- 3 - 4      Step right back in place, Step left back in place, (Feet together)
- 5 - 6      Stomp right foot to right, Stomp left foot to left (Feet apart)
- 7&8      Bump hips Left, Right, Left (Weight on left)

A big thank you to my friend Greg, who does the English translations for all my dances.

**DON'T FORGET TO SMILE AND HAVE FUN – PEOPLE MAY BE WATCHING!**

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