

Stayin' Alive

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Marylène Bocquet (FR) - October 2016
音樂: Stayin' Alive - Julian Perretta, Francesco Yates & Måns Zelmerlöw : (From Saturday Night Fever)



#8 counts Intro - NO TAG NO RESTART

There is also an Absolute Beginner dance to accompany this dance. It is called STAYIN'ALIVE AB

Section 1: CHASSE DIAGONALLY TWICE WALK BACK R-L-R-L

1&2 Right foot step in diagonal right (towards 1:30 and facing 10:30), Step left beside right, □ Step right foot step in diagonal right - 1:30
3&4 Left foot step in diagonal left (towards 10:30 and facing 1:30), Step right beside left,
4 Step left in diagonal left ,- 10:30
5 - 6 (facing 12:00) Walk back on right foot, Walk back on left foot,
7 - 8 Walk back on right foot, Walk back on left foot - 12:00

Section 2: MODIFIED RUMBA, ANCHOR STEPS R-L

1&2 Step right foot to right side, Step left foot beside right, Step right forward,
3&4 Step left foot to left side, Step right foot beside left, Step left forward,
5&6 Lock right foot behind left, Step left foot in place, Step back on right,
7&8 Lock left foot behind right, Step right foot in place, Step back on left,

Section 3: STEP TOGETHER, CHASSE RIGHT, STEP TOGETHER, CHASSE LEFT ¼ TURN LEFT

1 - 2 Step right foot to right side, Step left beside right,
3&4 Chassé to the right side (R-L-R)
5 - 6 Step left to left side, Step right beside left
7&8 Chassé to the left with ¼ turn left (L-R-L). (Weight on left) 9:00

Section 4: OUT, OUT, IN, IN, STOMP x2, BUMP HIPS L-R-L

1-2 Step right to right diagonal, Step left to left diagonal, □ (Feet apart)
3-4 Step right back in place, Step left back in place, (Feet together)
5-6 Stomp right foot to right, Stomp left foot to left □ (Feet apart)
7&8 Bump hips Left, Right, Left (Weight on left)

A big thank you to my friend Greg, who does the English translations for all my dances.

DON'T FORGET TO SMILE AND HAVE FUN – PEOPLE MAY BE WATCHING!

Contact: bocquetfamily1@free.fr