

# La Isla Bonita (The Beautiful Island)

COPPERKNOB  
STEPSHEETS

拍數: 64      牆數: 4      級數: Improver  
編舞者: Tina Chen Sue-Huei (TW) & Juilin Chen (TW) - December 2016  
音樂: La Isla Bonita by Alizée



SOD: 64-Music-64-Music-32-Tag\*1(4)-Music-48-Tag\*2(2)-32-Tag\*2(2)-36  
Start Dance On Lyrics.

## Tag\*1 (4C): After Wall 3 (32C)(9.00)

1-2              Fwd Slight Jump On L & Touch R Beside L, Hold (2)  
3-4              Back Slight Jump On R & Touch L Beside R, Hold (4)

## Tag\*2 (2C)

After Wall 4 (48C)(9.00)

After Wall 5 (32C)(6.00)

1-2              Sway LR

## Music (16C)

After Wall 1(6.00)

After Wall 2(12.00)

After Wall 3(32C) & Tag\*1 (4C) (9.00)

## Side Together, L Chasse, Syncopated Rock Steps

1-2              Side Step L, Together Step R  
3&4              L Chasse On LRL  
5&6&7&8        Fwd Rock R, Recover On L, Back Rock R, Recover On L, Fwd Rock R, Recover On L, Touch R Beside L  
9-16             A Mirror Steps Of Above 1-8

## Main Dance (64C)

### S1. Cross Samba\*2, Lock Steps $\frac{3}{4}$ L

1&2              Cross L Over R, Diag R Fwd Step R, Step L Down In Place  
3&4              Cross R Over L, Diag L Fwd Step L, Step R Down In Place  
5&6&7&8        Fwd Step L & Lock R Behind L Steps, completing a  $\frac{3}{4}$  L Turn (3.00)

### S2. Fwd Mambo, Back Mambo, Side Rock Cross, Fwd $\frac{1}{2}$ R

1&2              Mambo R Fwd, Recover On L, Back Step On R  
3&4              Mambo L Back, Recover On R, Fwd Step On L  
5&6              Side Rock On R, Recover On L, Cross R Over L  
7-8               $\frac{1}{4}$  L Fwd Step On L (12.00),  $\frac{1}{2}$  Pivot R Step On R (6.00)

### S3. Walk Fwd, Fwd Mambo, Walk Back, Back Mambo

1-2              Walk Fwd On LR  
3&4              Mambo L Fwd, Recover On R, Back Step On L  
5-6              Walk Back On RL  
7&8              Mambo R Back, Recover On L, Fwd Step On R

### S4. Syncopated Rock Steps\*2

1&2&3&4        Facing 10.30, Cross L Over R, Recover On R, Back Step L, Recover On R, Cross L Over R, Recover On R,  $\frac{1}{8}$  R Back Step L (9.00)  
5&6&7&8        Cross R Over L, Recover On L, Back Step R, Recover On L, Cross R Over L, Recover On L, Together Step R

### S5. Side Behind Mambo\*2, Syncopated Rock Steps $\frac{1}{4}$ R

1&2              Side Step L, Mambo Behind R, Recover On L

3&4 Side Step R, Mambo Behind L, Recover On R  
5&6&7&8 Fwd Rock L, Recover On R, ¼ R Back Step L (12.00), Recover On R, Fwd Rock L, Recover On R, Touch L Beside R

**S6. Syncopated Cross Steps, ½ L ½ L**

1&2&3&4 Cross L Over R & Side Recover On R, Cross L Over R & Side Recover On R, Cross L Over R & Side Recover On R, Cross L Over R  
5-6 Fwd Step R Pivot ½ L, Fwd Step L (6.00)  
7-8 Fwd Step R Pivot ½ L, Fwd Step L, Together Step R (12.00)

**S7. Fwd Shuffle\*2, Back Shuffle\*2**

1&2 Fwd Shuffle On LRL  
3&4 Fwd Shuffle On RLR  
5&6 Back Shuffle On LRL  
7&8 Back Shuffle On RLR

**S8. Fwd Shuffle, ½R Fwd Shuffle, Rock Recover, Back Together**

1&2 Fwd Shuffle On LRL  
3&4 ½ R Fwd Shuffle On RLR (6.00)  
5-6 Fwd Rock L, Recover On R  
7-8 Back Step L, Together Step R

**Happy Dancing!**

Contact:sh3385@gmail.com

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