

Grapevine Cha

拍數: 32 牆數: 2 級數: Cha Cha
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音樂: I Heard It Through the Grapevine - Garth Brooks



Mambo, Weave ½ Turn, Sweep

- 1 RF step to right side
- 2 LF take weight cross over RF
- & RF take weight
- 3 LF step back
- 4 RF step behind LF
- & LF step ¼ turn left(21.00)
- 5 RF step forward
- 6 LF step forward
- 7 RF take weight whilst sweeping LF from front to back turning ½ (15.00)
- 8 LF step backwards

Coasterstep, Sweep, Sailorstep

- & RF step next to LF
- 1 LF step forward
- 2 RF rock forward
- 3 LF take weight whilst doing this turn ¼ right(18.00)
- 4 RF step behind LF
- & LF step next to RF
- 5 RF step to right side
- 6 Hold
- & LF step next to RF
- 7 RF step to right side
- 8 LF cross over RF

Cross Chacha, Points, Weave ¼ Turn Left, Walk, Lockstep

- & RF step to right side
- 1 LF cross over RF
- 2 RF Point to right side
- & RF point toe cross over LF
- 3 RF point to right side
- 4 RF step behind LF
- & LF step next to RF
- 5 RF step forward ¼ turn left
- 6 LF step forward
- 7 RF step forward
- 8 LF step forward

Pivot Turn ½ , ¼ Turn Cha cha, Sailorstep

- & RF lock behind LF
- 1 LF step forward
- 2 RF step forward
- 3 LF step forward ½ turn left (15.00)
- 4 RF step ¼ turn right (12.00)
- & LF step next to RF
- 5 RF step to right side

- 6 LF Cross over RF
- & RF step to right side
- 7 LF step behind RF whilst doing this hitch up right knee
- 8 RF step behind LF
- & LF step next to RF

Start Again
