

# Lose My Mind

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 2      級數: Improver  
編舞者: Maria Stella Cupellini (IT) - December 2016  
音樂: Lose My Mind - Brett Eldredge



## Start dancing on lyrics

### RIGHT SAILOR, STOMP X3, RIGHT SAILOR TURN ¼, SHUFFLE FORWARD

1&2      cross right foot behind left, step left to left side, step right together  
3&4      stomp left together to right, stomp next to right, stomp left to left side  
5&6      turn ¼ right and step right behind left, step left to side, step right forward (h.3) ( restart here at the 6° wall)  
7&8      step left forward, step right together, step left forward

### SCUFF & HITCH, STEP BACK RIGHT -LEFT-RIGHT, TOE TOUCH BACK, SCUFF & HITCH ¼ TURN RIGHT, SLIDE, STOMP RIGHT

1&2      scuff right, hitch right, step right back  
3&4      step left back, step right back, touch left toe back  
5&6      scuff left, ¼ turn right with left hitch , step left to side (h.6)  
7-8      slide right beside left, stomp right next to left

### SYNCOPATED RUMBA BOX , SHUFFLE ¼ TURN RIGHT, SHUFFLE LEFT ½ TURN RIGHT

1&2      step right to right side, step left together right, step right forward ( restart here at 3° wall)  
3&4      step left to left side, step right together, step left back  
5&6      step right ¼ turn right, step left together, step right forward  
7&8      turn ½ right and step left back, step right together, step left in place

### RIGHT COASTER STEP, LEFT -RIGHT FORWARD, STEP ¼ TURN RIGH, BOUNCE HEEL DOWN

1&2      step right back, step left beside right, step right forward  
3-4      step left forward, step right forward  
5-6      step left forward , turn ¼ right on ball ( weight on left)  
7-8      bounce right hell down x2 with snap finger

Repeat.

### RESTART & TAG :

At the 3rd wall after count 18 add 2 counts : stomp left , hold (weight on left)

At the 6th wall after 6 count ( h9.) replace shuffle forward with shuffle left ¼ turn right ( h.12)

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