

# My Macho

COPPER KNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Beginner  
編舞者: Roosamekto Mamek (INA) - December 2016  
音樂: My Macho (7" Edit) - Jessica Jay



Intro: 64 count (On vocals)

## S1: JUMP FORWARD, HOLD, HIPS BUMPS, JUMP BACK, HOLD, HIPS BUMPS

&1-2      Jump R forward – Step L beside R – Hold  
3&4      Bump hips to right – Bump hips to left – Bump hips to right  
&5-6      Jump L back – Step R beside R – Hold  
7&8      Bump hips to left – Bump hips to right – Bump hips to left

## S2: WEAVE, CROSS/ROCK, RECOVER, SIDE CHASSE

1-4      Cross R over L – Step L to side – Cross R behind L – Step L to side  
5-6      Cross/Rock R over L – Recover on L  
7&8      Step R to side – Step L together – Step R to side

## S3: WEAVE, CROSS/ROCK, RECOVER, SIDE CHASSE

1-4      Cross L over R – Step R to side – Cross L behind R – Step R to side  
5-6      Cross/Rock L over R – Recover on R  
7&8      Step L to side – Step R together – Step L to side

## S4: ROCK BACK, RECOVER, SIDE CHASSE

1-2      Rock R back – Recover on L  
3&4      Step R to side – Step L together – Step R to side  
5-6      Rock L back – Recover on R  
7&8      Step L to side – Step R together – Step L to side

## S5: ROCK BACK, RECOVER, FORWARD SHUFFLE, FORWARD, PIVOT 1/2 TURN RIGHT, FORWARD SHUFFLE

1-2      Rock R back – Recover on L  
3&4      Step R forward – Step L beside R – Step R forward  
5-6      Step L forward – Turn ½ right  
7&8      Step L forward – Step R beside L – Step L forward

## S6: WALK FORWARD R-L, FORWARD SHUFFLE, FORWARD, PIVOT 1/2 TURN RIGHT, FORWARD SHUFFLE

1-2      Step R forward – Step L forward  
3&4      Step R forward – Step L beside R – Step R forward  
5-6      Step L forward – Turn ½ right  
7&8      Step L forward – Step R beside L – Step L forward

### Option Step for 1-2: Make a full turn left

1-2      Turn ½ left step R back – Turn ½ left step L forward

## S7: V STEP, PADDLE TURN 1/4 TURN LEFT (2X)

1-4      Step R diagonal forward – Step L diagonal forward – Step R back to center – Step L together  
5-8      Step R forward – Turn ¼ left – Step R forward – Turn ¼ left

## S8: VINE RIGHT, TOUCH, VINE LEFT, TOUCH

1-4      Step R to side - Cross L behind R – Step R to side – Touch L beside R  
5-8      Step L to side – Cross R behind L – Step L to side – Touch R beside L

**REPEAT**

**RESTART: On wall 3 (Facing 12:00). Dance until 32 count (S. 4). Then start the dance from the beginning facing 12:00 as wall 4.**

**For more info about song & step sheet please contact: [Roosamekto.Nugroho@gmail.com](mailto:Roosamekto.Nugroho@gmail.com)**

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