

Awakening Christmas!

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 1 級數: Phrased Improver
編舞者: Molly Yeoh (MY) - November 2016
音樂: It's Beginning To Look A Lot Like Xmas - PelleK : (Metal Cover)



Sequence: A, A, B, A, A Note: Ending, continue 2 sets of Right & Left shimmy
Intro: 8 counts start from track!

(SEC A1) WEAWE TO RIGHT, ROLLING VINE TO LEFT

1 2 3 4 R step to R, L step behind, R step to R, L point to L
5 6 7 8 L ¼ turn L step down, L ¼ turn R step to R, L ½ turn L step to L, R touch beside L

(SEC A2) R SHUFFLE FWD, L SHUFFLE, ROCKING CHAIR

1&2 R cha cha fwd
3&4 L cha cha fwd
5 6 7 8 R rock fwd recover on L, R rock back recover on R

(SEC A3) R SHUFFLE BACKWARD, LSHUFFLE BACKWARD, FWD TOES TOUCH (CLAP)

1&2 R backwards cha cha
3&4 L backwards cha cha
5&6& Touch R toe fwd recover, touch L toe fwd recover, touch R toe fwd, (weight on L)clap
clap(&8)

(SEC A4) SHIMMY TO RIGHT,CLAP, SHIMMY TO LEFT, CLAP

1 2 3 4 R step to R shimmy shoulder(2counts),R recover @3, clap @4
5 6 7 8 L step to L shimmy shoulder (2counts), L recover @7, clap @8

B- 32 COUNTS (ONE TIME ONLY) No..it's not difficult! It's quite fun!

B1: FWD OPEN RECOVER CLOSED (2X), CROSS LEGS, BOUNCE ½ TURN

&1 &2 A bit open fwd R, fwd L(&1), recover on R, recover L(&2)
&3 &4 A bit open fwd R, fwd L(&3), recover on R, L CROSS OVER R(&4)
5 6 7 8 (Both palms face down) bounce shoulder, bounce ½ turn to 6 o'clock (Bounce with knees slightly bend, be creative with your turn, feet together at 8)

B2: REPEAT ABOVE B-8 COUNTS TURN BACK TO FRONT (12 O'CLOCK), CONTINUE B STEPS - BELOW

B3: SLIDE TO RIGHT, RECOVER L, TO L, RECOVER R, TO RIGHT, RECOVER, STEP ON

1 2&, 3 4& Slide to R @1, L step behind R@2, recover on R @&, Slide to L @3, R step behind L@4, recover on L@&
5 6&, 7 8 Slide to R @5, L step behind R @6, recover on R @&, step L beside(ajar) R, step R on the spot

B4: HANDS MOVEMENT COMES IN AS SCREAM STARTS!

1 2, 3 4 (SCREAM COMES IN) Both hands close your ears (bend R knee 1, 2) (bend L knee 3,4)
5 6 7 8 Cross both hands and open up above your head @ 5 6 7 8! There you go! ^.^

MERRY CHRISTMAS & HAVE FUN!

Contact me at suanyeah@hotmail.com TQVM!