Lone Star Beer



拍數: 32 牆數: 2 級數: Easy Intermediate

編舞者: Hiroko Carlsson (AUS) - November 2016

音樂: Lone Star Beer and Bob Wills Music - Red Steagall: (iTunes)



(Intro 16 counts)

[S1] Syncopated Weave (Behind, Side, Cross, Side, Behind) 1/4R, Fwd, Fwd Rock, 1/2R Fwd, Fwd Rock, 1/2L Fwd

1000	Stan L bakind D	oton D to side erose I	over D. step D.to side
1&2&	Step L bening R.	Step R to side, cross L	over R. step R to side

3&4 Step L behind R, turn 1/4R step R fwd, step L fwd

Rock R fwd, replace weight on L and turn 1/2R, step R fwd
Rock L fwd, replace weight on R and turn 1/2L, step L fwd (3:00)

[S2] Pivot, Fwd, Kick Ball Cross, 3x Side Touch- Together, Slide Back

1&2 Step R fwd, turn1/2L weight on L, step R fwd3&4 Kick L fwd, step L next to R, cross R over L

5&6& Touch L toe to L side, step L next to R, touch R toe to R side, step R next to L

7&8 Touch L toe to L side, step L next to R, slide right foot back (9:00)*

[S3] Side w/ Hip-Hip, 1/4L, Side Rock Cross, Side Rock Cross, Back, Shuffle Fwd

1&2 Step R side w/ hip bump to R side, replace weight on L w/ hip bump to L side, turn 1/4R

weight on R

3&4 Rock L to side, recover weight on R, cross L over R

5& Rock R to side, recover weight on L

6& Cross R over L, step L back (push your weight on L)

7&8 Shuffle fwd (RLR) (6:00)

[S4] Side Rock, Recover, Behind, Side, Cross, Side Rock, Behind, Side, Cross, Side Rock

Step L to side, replace weight on R
Step L behind R, step R to side
Cross L over R, rock R to side
Recover weight on L, step R behind L
Step L to side, cross R over L

7 8 Step L to side, weight back on R (6:00)

Tag (2 counts)

Wall 1 (9:00) and Wall 3 (9:00)

In between the end of S2 (counts16) and S3 (counts17)*

Heel Fwd, Back Touch

1 2 R heel fwd, touch R toe back weight on L

(updated: 21/Nov/16)

Please contact me for demo & work through, I will send via e-mail as an attachment. (hirokoclinedancing@gmail.com)