

# Dear Life

拍數: 64      牆數: 2      級數: Phrased Intermediate  
編舞者: Laurent Chalon (BEL) - November 2016  
音樂: Dear Life - High Valley



Intro: Start on word « Life »

Sequence : AA BB CC Tag 1 A BB CC Tag 2 AA BB CC Tag 2

## Part -A- 32 counts

Section A1 : Side, Together, Kick ball change, Jazz box ½ turn

1            RF □to right  
2            LF □together  
3&4        RF □kick ball change  
5-8        RF □Jazz box 1/2 turn right

Section A2: Shuffle Fwd, rock Fwd, sailor ¼ turn, ¼ turn, ½ turn

1&2        RF □Shuffle forward  
3-4        LF □Rock forward  
5&6        LF □Sailor ¼ turn left  
7           RF □1/4 turn, step back  
8           LF □1/2 turn, step forward

Section A3 : Shuffle fwd, Rock fwd, Behind side cross, ¼ turn, ¼ turn

1&2        RF □Shuffle Forward  
3-4        LF □Rock forward  
5&6        LF □Behind side cross  
7           RF □¼ turn, step back  
8           LF □¼ turn, step forward

Section A4 : Shuffle Fwd, Rock Fwd, Coaster step, Step pivot ½ turn

1&2        RF □Shuffle forward  
3-4        LF □Rock forward  
5&6        LF □coaster step  
7-8        RF □Step 1/2 turn to left

## Part -B- 16 counts

Section B1 : Heel switch (with ¼ turn left), Point back, together, Heel switch, ¼ turn left, Point back, together, Heel touch Fwd, Stomp

1           RF □Heel forward  
&          RF □Next to LF with 1/4 turn left  
2           LF □Heel forward  
&          LF □Next to RF  
3           RF □Point back  
&          RF □Next to LF  
4           LF □Heel forward  
&          LF □Next to RF  
5           RF □Heel forward  
&          RF □Next to LF with 1/4 turn left  
6           LF □Point back  
&          LF □Next to RF  
7           RF □Heel forward  
8           RF □Stomp next to LF

**Section B2 : Rolling Vine, Touch, Vine, Stomp**

- 1-3 RF □ Rolling vine to right
- 4 LF □ touch next to RF
- 5-7 LF □ Vine left
- 8 RF □ Stomp next to LF

**Part -C- 16 counts**

**Section C1 : Step ½ turn left, shuffle ½ turn left, ¼ turn left, side, Touch, Kick ball Cross**

- 1-2 RF □ Step ½ turn to left
- 3&4 RF □ Shuffle ½ turn to left
- 5 LF □ ¼ left, step to left
- 6 RF □ Touch next to LF
- 7&8 RF □ Kick ball cross

**Section C2 : Side, Touch, kick ball cross, ¼ turn right, ½ turn right, shuffle fwd**

- 1 RF □ step to right
- 2 LF □ Touch next to RF
- 3&4 LF □ Kick ball cross
- 5 LF □ 1/4 turn right, step back
- 6 RF □ 1/2 turn right, step forward
- 7&8 LF □ shuffle forward

**TAG 1 : Jazz box cross, Step diagonally Fwd, Touch, ¼ turn left, Side, Touch, Step diagonally Fwd, Touch, ¼ turn left, Side, Touch**

- 1-4 RF □ Jazz box cross
- 5 RF □ Step diagonally forward right
- 6 LF □ Touch next to RF
- 7 LF □ ¼ left, step to left
- 8 RF □ Touch next to LF
- 9 RF □ Step diagonally forward right
- 10 LF □ Touch next to RF
- 11 LF □ ¼ left, step to left
- 12 RF □ Touch next to LF

**TAG 2 : Jazz box cross**

- 1-4 RF □ Jazz box cross

Contact : [country@webchalon.be](mailto:country@webchalon.be) - <http://countrylinedance.webchalon.be>

---