

Dear Life

拍數: 64 牆數: 2 級數: Phrased Intermediate
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音樂: Dear Life - High Valley



Intro: Start on word « Life »

Sequence : AA BB CC Tag 1 A BB CC Tag 2 AA BB CC Tag 2

Part -A- 32 counts

Section A1 : Side, Together, Kick ball change, Jazz box ½ turn

1 RF □to right
2 LF □together
3&4 RF □kick ball change
5-8 RF □Jazz box 1/2 turn right

Section A2: Shuffle Fwd, rock Fwd, sailor ¼ turn, ¼ turn, ½ turn

1&2 RF □Shuffle forward
3-4 LF □Rock forward
5&6 LF □Sailor ¼ turn left
7 RF □1/4 turn, step back
8 LF □1/2 turn, step forward

Section A3 : Shuffle fwd, Rock fwd, Behind side cross, ¼ turn, ¼ turn

1&2 RF □Shuffle Forward
3-4 LF □Rock forward
5&6 LF □Behind side cross
7 RF □¼ turn, step back
8 LF □¼ turn, step forward

Section A4 : Shuffle Fwd, Rock Fwd, Coaster step, Step pivot ½ turn

1&2 RF □Shuffle forward
3-4 LF □Rock forward
5&6 LF □coaster step
7-8 RF □Step 1/2 turn to left

Part -B- 16 counts

Section B1 : Heel switch (with ¼ turn left), Point back, together, Heel switch, ¼ turn left, Point back, together, Heel touch Fwd, Stomp

1 RF □Heel forward
& RF □Next to LF with 1/4 turn left
2 LF □Heel forward
& LF □Next to RF
3 RF □Point back
& RF □Next to LF
4 LF □Heel forward
& LF □Next to RF
5 RF □Heel forward
& RF □Next to LF with 1/4 turn left
6 LF □Point back
& LF □Next to RF
7 RF □Heel forward
8 RF □Stomp next to LF

Section B2 : Rolling Vine, Touch, Vine, Stomp

- 1-3 RF □ Rolling vine to right
4 LF □ touch next to RF
5-7 LF □ Vine left
8 RF □ Stomp next to LF

Part -C- 16 counts**Section C1 : Step ½ turn left, shuffle ½ turn left, ¼ turn left, side, Touch, Kick ball Cross**

- 1-2 RF □ Step ½ turn to left
3&4 RF □ Shuffle ½ turn to left
5 LF □ ¼ left, step to left
6 RF □ Touch next to LF
7&8 RF □ Kick ball cross

Section C2 : Side, Touch, kick ball cross, ¼ turn right, ½ turn right, shuffle fwd

- 1 RF □ step to right
2 LF □ Touch next to RF
3&4 LF □ Kick ball cross
5 LF □ 1/4 turn right, step back
6 RF □ 1/2 turn right, step forward
7&8 LF □ shuffle forward

TAG 1 : Jazz box cross, Step diagonally Fwd, Touch, ¼ turn left, Side, Touch, Step diagonally Fwd, Touch, ¼ turn left, Side, Touch

- 1-4 RF □ Jazz box cross
5 RF □ Step diagonally forward right
6 LF □ Touch next to RF
7 LF □ ¼ left, step to left
8 RF □ Touch next to LF
9 RF □ Step diagonally forward right
10 LF □ Touch next to RF
11 LF □ ¼ left, step to left
12 RF □ Touch next to LF

TAG 2 : Jazz box cross

- 1-4 RF □ Jazz box cross

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