

# My September

拍數: 64      牆數: 1      級數: Phrased Intermediate  
編舞者: Phopy Yulianti (INA) & Tutuk Kusdaryanti (INA) - September 2016  
音樂: September - Earth, Wind & Fire



Intro □: 5x8 Counts

Sequence : AA BB AA BB A BB BB

## A. 32 counts

### A1. BACK ROCK, CHASSE ½ TURN 2X, KICK BALL TOUCH

1, 2 □ Step Back On R, Recover On L

3 & 4      Turn ½ Step Back On R, Step L Beside R, Step Back On R

5 & 6      Turn ½ L Step Forward On L, Step R Beside L, Step Forward On L

7 & 8      Kick Forward On R, Step R Beside L, Touch L to L Side

### A2. SAILOR, TURN ¼ L, KICK BALL TOUCH

1 & 2      Step L Cross Behind R, Step R Beside L, Step L To L Side

3 & 4      Step R Cross Behind L, Step L Beside R, Step R To R Side ( Preparing To Turn ¼ L )

5, 6      Turn ¼ L Step Back On L, Turn ½ L Step Forward On R

7 & 8      Kick Forward On L, Step L Beside R, Touch R To R Side

### A3. SAMBA CROSS TRAVELLING FORWARD, ROCK RECOVER, RUNNING BACK

1 & 2      Cross R Over L, Step L To L Side, Step R Onto R

3 & 4      Cross L Over R, Step R To R side, Step L Onto L

5, 6      Step Forward On R, Recover On L

7 & 8      Step Back On R, Step Back On L, Step Back On R

### A4. BACK TOUCH, TURN ½ R, STEP FORWARD AND HEEL LIFT, STEP BACK AND TOUCH

1, 2      Back Touch L Behind R, Turn ½ L Weight on L

3 & 4      Step Forward on R, Raise Both Heels Up, Lower Both Heels To Floor ( Weight On L )

5 & 6 &      Step Back On R, Touch L Beside R, Step Back On L, Touch R Beside L

7 & 8 &      Step Back On R, Touch L Beside R, Step Back On L, Touch R Beside L

## B. 32 counts

### B1. BACK ROCK, STEP FORWARD TURN ½ L AND FLICK, SINCOPATED FORWARD

1, 2      Step Back R, Recover On L

3, 4      Step Forward On R, Turn ½ L Weight On L Back Flick On R

5, 6 &      Step Forward On R, Hold, Step Lock Forward On L Behind R

7 & 8 &      Step Forward On R, Step Lock Forward On L Behind R, Step Forward On R, Step Lock Forward On L Behind R

### B2. CHASSE L 3x

1, 2      Step Forward On R, Touch L Beside R

3 & 4      Step L To L Side, Step R Beside L, Step L To L Side

5 & 6      Turn ¼ L Step R To R Side, Step L Beside R, Step R to R Side

7 & 8      Turn ¼ L Step L to L Side, Step R Beside L, Step L To L Side

### B3. BACK ROCK, KICK BALL TOUCH, SIDE, SAILOR

1, 2      Step Back On R, Recover On L

3 & 4 &      Kick Forward On R, Step R Beside L, Touch L Beside R, Step Onto L

5, 6      Step Back On R, Recover On L

7, 8 &      Step R To R Side, Step L Cross Behind R, Step R Beside L

**B4. TURN ¾ R WITH SWEEP, HOLD, STEP TOUCH 2X**

1 , 2            Step L To L Side , Step R Onto R With Sweep

3 , 4            Turn ¾ R Touch L Beside R

5 , 6 &        Hold, Hold, Step L Onto L

7 & 8 &        Touch R Beside L, Step R Onto R, Touch L Beside R, Step L Onto L On The Spot

**WE HOPE YOU ENJOYED THE '80s MUSIC ☐**

**Contact Email : [tkyanti@gmail.com](mailto:tkyanti@gmail.com) - [Phopy.yulianti@gmail.com](mailto:Phopy.yulianti@gmail.com)**

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