

Contigo Cha Cha

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner Cha Cha
編舞者: Christina Yang (KOR) - November 2016
音樂: Contigo - Estrella



Start the dance after 32 counts next to start the strong beats

SECTION 1: FORWARD ROCK, 1/2 TURN TO R WITH RECOVER, FORWARD CHASSE, FORWARD ROCK, 1/2 TURN TO L WITH RECOVER, FORWARD CHASSE

1-2 RF forward rock, 1/2 turn to R with LF recover
3&4 RF forward, LF cross behind RF, RF forward
5-6 LF forward rock, 1/2 turn to L with RF recover
7&8 LF forward, RF cross behind LF, LF forward

SECTION 2: FORWARD MAMBO, FORWARD TOUCH, BACKWARD, FORWARD TOUCH, BACKWARD, FORWARD TOUCH

1-3 RF forward rock, LF recover, RF backward
4-8 LF forward touch with toe turn out, LF backward, RF forward touch with toe turn out, RF backward, LF forward touch with toe turn out

(Arm action: When you doing forward touch, straighten your opposite arm out in front of you)

SECTION 3: 3 TIMES OF FORWARD WALKS, HITCH, 3 TIMES OF BACKWARD WALKS, SIDE TOUCH

1-4 LF forward, RF forward, LF forward with bend of LF knee, RF hitch in short hops (Arm action: Raised both arms overhead when you jump)
5-8 RF backward, LF backward, RF backward, LF side touch

SECTION 4: (FORWARD, SIDE TOUCH, FORWARD, SIDE TOUCH) WITH SHIMMY, CROSS OVER, 1/4 TURN TO L WITH BACKWARD, SIDE CHASSE

1-4 (LF forward, RF side touch, RF forward, LF side touch) with shimmy
5-6 LF cross over RF, 1/4 turn to L with RF backward
7&8 LF side, RF closed LF, LF side

NO TAG, NO RESTART

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