

Blow Your Mind

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Daniel Shine (IRE) - November 2016
音樂: Blow Your Mind by Dua Lipa



#32 count intro.

Rocking Chair & Cross, Back, Back, Coaster Cross & Cross Shuffle

1&2& rock right fwd, replace weight to left, rock right back, replace weight to left
3&4 cross right over left, step back left 1/4 turn right, step slightly back right
5&6 step back left, close right to left, cross left over right
&7&8 step right to right side, cross left over right, step right to right side, cross left over right

Rock & Cross, Turn 1/4, Step, Coaster Cross, 1/4 Turn, 1/2 Turn Shuffle

1&2 rock right to right side, replace weight to left, cross right over left
&3 step left back 1/4 turn right, step back right
4&5 step back left, close right to left, cross left over right
6 turning 1/4 turn left step back right
7&8 turning 1/2 turn left shuffle fwd left, right, left

Rocking Chair & Switch Turn Step, 1/4 Turn, Hinge 1/2, Reverse 1/2 Turn Step

1&2& rock right fwd, replace weight to left, rock right back, replace weight to left
3&4 step fwd right, pivot 1/2 turn left, step fwd right
5-6 turning 1/4 turn right step left to left side, hinge step 1/2 turn right to right side
7&8 cross left over right, step right back 1/4 turn left, turning 1/4 turn left step left slightly fwd
* RESTART HERE on walls 1(6:00) 3 (3:00) & 5 (12:00)

Heel Grind & Heel Grind & Cross, Turn, Turn, Shuffle Left

1-2& grind right heel fwd, replace weight to left, step onto right
3-4& grind left heel fwd, replace weight to right, step onto left
5&6 cross right over left, turning 1/4 turn right step back left(&), turn 1/2 turn right onto right
7&8 shuffle fwd left, right, left

Begin Again.

Restart: on walls 1,3 & 5 after count 24.

Contact: michael@inline.ie - www.inline.ie
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