

A Million Years or So

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: Judy Wang (CAN) - September 2016
音樂: A Million Years or So (feat. Jordan Officer) - Susie Arioli : (Album: Learn to Smile Again)



Intro: Only 2 counts, start when she sings "worry" - ** 2 Restarts

(SEC.1) SIDE STEP 1/2 RIGHT, HITCH, 1/4 LEFT ROCK, RECOVER, BACK SHUFFLE, ROCK BACK, RECOVER

1 2 Step R to right make 1/2 turn right, Hitch L foot(6:00)
3 4 Rock L to left, Recover onto R turn 1/4 left facing 3:00
5&6 Shuffle back left Stepping L-R-L
7 8 Rock back on R, Recover onto L

(SEC.2) ROCK, RECOVER, 1/2 RIGHT SHUFFLE, FWD, 1/4 RIGHT, CROSS SHUFFLE

1 2 Rock R fwd, Rock back onto L
3&4 Make 1/2 turn right step fwd on R and shuffle Fwd stepping R-L-R (9:00)
5 6 Step fwd on L make 1/4 turn right onto RF (12:00)
7&8 Cross L over R and shuffle to right stepping L-R-L

(SEC.3) SIDE, TOGETHER, CROSS, TOUCH, 1/4 BALL RIGHT, POINT, BEHIND, SIDE, CROSS, 1/4 RIGHT, TOUCH

12& Step R to right, Step L beside R, Cross R over L
3&4 Touch L next to R, Make 1/4 turn right on ball of RF (lifting left knee), Point L to left side (3:00)
5&6 Step L behind R, Step R to right side, Cross L over R
7 8 Step fwd on R make 1/4 turn right, Touch L next to R(6:00)

(SEC.4) 1/4 LEFT JAZZ BOX, LOCK, 1/2 LEFT, 1/2 LEFT

1 2 Cross L slightly over R, Turn 1/4 left step back on R(3:00)
34& Step L to left, Step fwd on R, Lock L behind R
5 6 Step fwd on R, Make 1/2 turn left onto LF(9:00)
#2 Restarts here on Wall 3(Facing 3:00) & Wall 7 (facing 9:00)
7 8 Step fwd on R, Make 1/2 turn left onto L(3:00)

Happy Dancing! Contact: jujudedo@gmail.com