

# I'm Gonna Break Some Promises (P)

**COPPER** **KNOB**  
BY STEPSHEETS

拍數: 32      牆數: 0      級數: Easy Contra Partnerdance  
編舞者: Tonnie Vos (NL) - November 2016  
音樂: Dallas Wayne - I'm Gonna Break Some Promises



Intro: 16 Counts / Tellen: 32□□  
Danspositie: Side by Side (LOD)

Passen v/d Dame : Lady is Right v/d Man / L-hand v/d Lady & R-hand v/d Man. (LOD)(12)

DS:1□R,L Heel Dig, Shuffle Right Fwd, Left Mambo Step, Shuffle ½ Turn Right

1&            Touch R-Heel Forward / Step RF beside LF  
2&            Touch L-Heel Forward / Step LF beside RF  
3&4          Step Right Forward / Step Together / Step Right Forward  
5&6          Rock Left Forward / Recover on Right / Step LF Back beside RF

Hands Loosely , During The Rotary Their Backs To Each Other

7&8          Step ¼ Turn Right Side, Step Together / Step ¼ Turn Right Forward (RLOD)(6)

Lady R-hand & Man L-hand

DS:2□Left Mambo Step, Right Coasterstep, Step ¼ Pivot Turn Right, Step Touch R,L

1&2          Rock Left Forward / Recover on Right / Step LF Back beside RF  
3&4          Step Right Back / Step Together / Step Right Forward  
5&6          Step Left Forward / Turn on L+R ¼ Turn Right (ILOD)(9) / Left Across Right

Take Both Hands

7&8&        Step Right Side / Touch beside Right / Step Left Side / Touch beside Left

DS:3□Chasse ¼ Turn Right, Shuffle Left Fwd, Full Turn Left, Shuffle Right Fwd

1&2          Step Right Side / Step Together / Step ¼ Turn Right Forward (LOD)(12)

Release The R-Hand

3&4          Step Left Forward / Step Together / Step Left Forward  
5-6          Step ½ Turn Left Back on RF (RLOD)(6) / Step ½ Turn Left Forward (LOD)(12)

During The Rotary Hands Loose , L-Hand & R-Hand of The Heer

7&8          Step Right Forward / Step Together / Step Right Forward

DS:4□Left Cross Rock, Recover, &, Right Cross Rock Recover &, Walk L,R Back, Run L,R,L Fwd

1&2          LF Rock Cross over RF / Recover on Right / Step LF Back beside RF  
3&4          RV Rock Cross over LF / Recover on Left / Step RF Back beside LF  
5-6          Walk Left Forward / Walk Right Forward  
7&8          Run Left Forward / Run Right Forward / Run Left Forward

Optie: Tel 7&8 Lady Tripple Step on Place/ Man Run to The Next lady

Passen v/d Man : Man is Left v/d Lady / R-hand v/d Lady & L-hand v/d Man.

S:1□L,R Heel Dig , Shuffle Left Fwd, Right Mambo Fwd, Shuffle ½ Turn Left

1&            Touch L-Heel Forward / Step LF beside RF  
2&            Touch R-Heel Forward / Step RF beside LF  
3&4          Step Left Forward / Step Together / Step Left Forward  
5&6          Rock Right Forward, Recover on Left / Step Back beside LF

Hands Loosely , During The Rotary Their Backs To Each Other

7&8          Step ¼ Turn Left Side, Step Together / Step ¼ Turn Left Forward (RLOD)(6)

Lady R-hand & Man L-hand

S:2□Right Mambo Step, Left Coaster Step, Step ¼ Pivot Turn Left, Step Touch L,R

1&2          Rock Right Forward / Recover on Left / Step Back beside RF  
3&4          Step Left Back / Step Together / Step Left Forward

5&6 Step Right Forward / Turn on R+L ¼ Turn Left (OLOD((9) / Right Across Left

**Take Both Hands**

7&8& Step Left Side / Touch beside Left / Step Right Side / Touch beside Right

**S:3□Chasse ¼ Turn Left, Shuffle Right Fwd, Full Turn Right, Shuffle Left Fwd**

1&2 Step Left Side / Step Together / Step ¼ Turn Left Forward (LOD)(12)

**Release The R-Hand**

3&4 Step Right Forward / Step Together / Step Right Forward

5-6 Step ½ Turn Right Back on LF (RLOD)(6) / Step ½ Turn Right Forward (LOD)(12)

**During The Rotary Hands Loose , L-Hand & R-Hand of The Heer**

7&8 Step Left Forward / Step Together / Step Left Forward

**S:4□Right Cross Rock, Recover, Left Cross Rock, Recover, Walk L,R Fwd, Run L,R,L Fwd**

**S:4□Left Cross Rock, Recover, &, Right Cross Rock Recover &, Walk L,R Back, Run L,R,L Fwd**

1&2 RF Rock Cross over LF / Recover on Left / Step RF Back beside LF

3&4 LF Rock Cross over RF / Recover on Right / Step LF Back beside RF

5-6 Walk Right Forward / Walk Left Forward

7&8 Run Right Forward / Run Left Forward / Run Right Forward

**\*Option:-**

**\*7&8 Lady Triple Step on Place/ Man Run to The Next lady**

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