

Shy

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Antoinette Claassens (NL) - November 2016
音樂: Don't Be so Shy (Filatov & Karas Remix) - Imany



Intro: 32 Counts

S:1. □ Right Kick ball Out, Out, Bounce 2x, Right Sailor Step, Left Sailor Step

1,2& Kick Right Fwd/ Step Right (out) / Step Left (out)
3,4 Bounce 2x with the Heels (Bending The Knees)
5&6 Right Sweep behind Left / Step Left Side / Step Right Forward
7&8 Left Sweep behind Right / Step Right Side / Step Left Forward

S:2. □ Cross behind Left, Step ¼ Turn Left Fwd, Rock ¼ Turn Right, Recover, Step 1/8 Turn Left Fwd, Hold, Right Kick ball Step

1,2 RF Cross behind LF / LF Step ¼ Turn Left Forward (9:00)
3&4 RF Rock ¼ Turn Right (6:00) / Recover on Left / RF Step 1/8 Turn Left Forward (4:30)
5,6 Step Left Forward / Hold
7&8 Kick Right Forward / Step on ball of the Right Foot beside Left / Step Left Forward

S:3. □ Step Fwd, Touch behind RF / Step Back, Together, Body Roll, Up, Step 1/8 Turn Right Fwd, Turn ½ Turn Left

1,4 RF Step Forward / LF Touch behind Right Foot / Step Left Back / Step Together
5,6 Make a Body Roll Up with Bending de Knees
7,8 RF Step 1/8 Turn Right Forward (6:00) / Pivot ½ Turn Left (12:00)

S:4. □ Right Mambo, Left Mambo, Rock Right Fwd, Recover, Right Step-Lock-Step Back

1&2 Step Right Forward / Rock to Left Side / Recover on Right
3&4 Step Left Forward / Rock to Right Side / Recover on Left
5,6 Rock Right Forward / Recover on Left
7&8 Step Right Back / Step Across RF / Step Right Back

S:5. □ Step Left Back, Hold, Step on Right Toe Back, Pivot ½ Turn Right, Left Kick ball Point

1,4 Step Left Back / Hold / Step on Right Toe Back / Pivot ½ Turn Right (6:00)
5&6 Kick Left Forward / / Step on ball of the Left Foot beside Right / RF Touch to Right Side
7,8 Step Right Forward / LF Touch to Left Side

S:6. □ Rock Left Fwd, Step ¾ Turn Left , Step Right, Right Weave, Touch

1,4 Rock Left Forward / Recover on Right / LF Step ¾ Turn Left Side (9:00) / RF Step to Right Side
5,8 LF Cross behind Right / RF Step to Right Side / LF Across Right / RF Touch to Right Side

S:7. □ Cross Left, Touch Left, Cross behind Left, Touch Left, Left Shuffle Back, Right Shuffle Back

1-4 RF Across Left / Step to Left / RV Cross behind Left / LF Touch to Left Side
5&6 Step Left Back / LF Step beside Right / Step Left Back
7&8 Step Right Back / LF Step beside Right / Step Right Back

S:8. □ Rock Left Fwd, Recover, Left Shuffle Fwd, Mambo ½ Turn Right, Step Fwd, Drag

1,2 Rock Left Forward / Recover on Right
3&4 Step Left Forward / RF Step beside Left / Step Left Forward
5&6 Rock Right Forward / Recover on Left / RF Step ½ Turn Right Forward (3:00)
7,8 Step Left Forward / LF Drag to RF

Start Again:

Tag□After the 4th Wall on (9:00)

1,4 Hold for 4 Counts , When there is no Music (Silent) in the Dance & Make Then the Tag: & Restart

T:□Rock Right Fwd, Recover, & Rock Left Fwd, Recover, Step Fwd/ Step ½ Pivot Turn Left 2x,

1,2&3,4 Rock Right Forward, Recover on Left / RF Step beside LF / Rock Left Forward / Recover on Right

&5,7,8 Step Left Forward / Step Right Forward / Pivot ½ Turn Left (3:00) / Step Right Forward / Pivot ½ Turn Left (9:00)

T:□Step Diag, Right Fwd, Touch, Step Diag, Left Back, Touch, Step Diag, Right Back, Touch, Step Diag, Left Fwd, Touch

1,4 Step Diagonal Right Fwd / LF Touch beside RF / Step Diagonal Left Back / RF Touch beside LF

5,8 Step Diagonal Right Back / LF Touch beside RF / Step Diagonal Left Forward / RF Touch beside LF

Finish in the 6e Wall on Count I, 5&6 Make Then / RF Rock Forward / Recover on Left / RF Step ¼ Turn Right Side (12:00)

Contact: rokske272@kpnmail.nl
