

# I Got One Shot

拍數: 48      牆數: 2      級數: Beginner  
編舞者: Esmeralda van de Pol (NL) - November 2016  
音樂: One Shot (feat. Juicy J) - Robin Thicke



Intro : 48 counts

## **SIDE, HOLD, TOGETHER, HOLD, SHUFFLE FWD, HOLD**

1-2            Step RF to R side, Hold  
3-4            Step LF next to RF, Hold  
5-6-7        Step RF fwd, Step LF next to RF, Step RF fwd  
8              Hold

## **SIDE, HOLD, TOGETHER, HOLD, SHUFFLE BACK, HOLD**

1-2            Step LF to L side, Hold  
3-4            Step RF next to LF, Hold  
5-6-7        Step LF back, Step RF next to LF, Step LF back  
8              Hold

## **BACK ROCK WITH HOLDS, CHASSE R, HOLD**

1-2            Rock RF back, Hold  
3-4            Recover weight on LF, Hold  
5-6-7        Step RF to R side, Step LF next to RF, Step RF to R side.  
8              Hold

## **CROSS, HOLD, SIDE ROCK, STEP FWD, HOLD, ½ TURN L, HOLD**

1-2            Cross LF over RF, Hold  
3-4            Rock RF to R side, Recover weight on LF  
5-6            Step RF fwd, Hold  
7-8            ½ turn L-weight on LF, Hold

## **CHASSE ¼ TURN R, HOLD, PIVOT ½ TURN R, HOLD**

1-2-3        Step RF to R side, Step LF next to RF, ¼ turn R-step RF fwd  
4              Hold  
5-6            Step LF fwd, Hold  
7-8            ½ turn R-weight on RF, Hold

## **STEP HITCH, STEP HITCH, ¾ TURN L, HOLD**

1-2            Step LF fwd, Hitch R knee  
3-4            Step RF fwd, Hitch L knee  
5-6-7        Walk ¾ turn L, L-R-L  
8              Hold

(Easy option counts 1-4 Lockstep fwd with hold)

Restart: 10th wall after 32 counts.

Ending : You will facing 06.00 o'clock, make a extra half turn with walks to end the front wall

Last Update – 15th Dec 2016