

Every Goodbye

拍數: 48 牆數: 2 級數: Novice
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音樂: Every Goodbye - Blake Shelton : (CD: If I'm Honest 2016 - iTunes & other mp3 sites)



Introduction: 16 counts, start on approx 09 sec. - No Tags Or Restarts.

Part I. [1-8] Side, Sailor Step, Together, Cross, Recover, ¼ Turn L, Sweep, Replace, Knee Pop Fwd, Side Together, Step.

1,2&3 Step R to R, Step L behind R, Step R to R, Step L to L.
&4-5 Step R beside L, Step L across R, Recover back onto R making ¼ turn L (9) and sweep L from front to back.
6& Step L back in place and pop R knee forward, Step R back in place.
7&8 Step L to L, Step R beside L, Step L forward.

Part II. [9-16] Press, ¼ Turn R, Sweep, Back Step, Lock, Step (small), Sailor Step with Lunge L, Shoulder Movements R, L, Low Kick R.

1-2 Press R forward, Recover back onto L, Making ¼ turn R (12) and sweep R from front to back.
3&4 Step R slightly back, Lock L in front of R, Step R slightly back.
5&6 Step L behind R, Step R to R, Step L to L in a lunge position.
7&8 Moving your R shoulder up, Moving your L shoulder up, Coming up and kick R slightly diag (toes up).

Part III. [17-24] Small Step Back, Sailor Step, Together, Step, Sway R, ½ Sailor Turn R.

1,2&3 Step R slightly back, Step L behind R, Step R to R, Step L to L.
&4 Step R beside L, Step L forward.
5-6 Step and Sway R to R Side Leaning R and angling Body L (L Toe Up), Recover back onto L.
7&8 Making a ½ sailor turn R (6:00) weight onto R (7&8).

Part IV. [25-32] Side Rock / Recover. Replace, Upper Body, Stretch, Replace, Sailor Step L, Hold, Together, Side.

1-2 Step L to L, Recover back onto L.
3-4 Step L back in place, Push your body up while your rising your R feet off the ground in stretch position, Step R back in place.
5&6 Step L behind R, Step R to R, step L to L.
7&8 Hold, Step R beside L, Step L to L.

PART V. [33-40] Syncopated Cross Rockstep Fwd with ¼ Turn R, Step, Lock, Step, Sweep, 2x Cross Sailors Traveling Back.

1&2 Step R forward, Recover back onto L, Making ¼ turn R (9) step R to R.
3&4 Step L forward, Lock R behind L, Step L forward and sweep R from back to front.
5&6 Step R across L, Making 1/8 turn R (10.30) step L to L, Step R to R.
7&8 Step L across R, Making 1/8 turn L (9) step R to R, Step L to L.

PART VI. [41-48] Camel Walks R, L, ¼ Sailor Turn L, Side, Knee Pops R, L, Side, Together, Step.

1-2 Step R forward while you pop L knee forward, Step L forward while you pop R knee forward.
3&4 Step R behind L, Making ¼ turn L (6) step L to L, Step R forward.
5-6 Step L to L and pop R knee forward, Step R back in place and pop L knee forward.
7&8 Step L to L, Step R beside L, Step L forward.

REPEAT DANCE AND HAVE FUN!!

Dance Edit, email: smoothdancer79@hotmail.com - website: www.dancewithsebastian.jouweb.nl
