

# Only You

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Brandi Hughes (CAN) - November 2016  
音樂: Only You (Radio Twist Mix) - Captain Jack



## Sec 1. Crossing Heel Grind, Step (x2), Jazz Box, Hold

- 1-2      Cross Left Heel over right foot (1), Rotate Left Heel from 1:30 - 10:30 while Stepping Right Foot to right side (2)  
3-4      Repeat counts 1-2  
5-6      Cross Left Foot over right (5), Step Right Foot back (6)  
7-8      Step Left Foot beside right (7), Hold (8)

## Sec 2. Crossing Heel Grind, Step (x2), Jazz Box ¼ Turn, Touch

- 1-2      Cross Right Heel over left foot (1), Rotate Right Heel from 10:30 – 1:30 while Stepping Left Foot to left side (2)  
3-4      Repeat Counts 1-2  
5-6      Cross Right Foot over left (5), Step Left Foot back making ¼ turn right (3:00) (6)  
7-8      Step Right Foot beside left (7), Touch Left Foot beside right (8)

## Sec 3. Lock Step Forward, Kick, Lock Step Forward, Kick

- 1-2      Step Left Foot forward on the left diagonal (1), Step Right Foot behind left heel (2)  
3-4      Step Left Foot forward on the left diagonal (3), Kick Right Foot forward on the right diagonal (4)  
5-6      Step Right Foot forward on the right diagonal (5), Step Left Foot behind right heel (6)  
7-8      Step Right Foot forward on the right diagonal (7), Kick Left foot forward to the right diagonal (8)

## Sec 4. Rocking Chair, ½ turn Bounce

- 1-2      Step Left Foot forward on the Right diagonal (1), Recover weight back on Right Foot (2)  
3-4      Step Left Foot back on the right diagonal (3), Recover weight forward on Right Foot (4)  
5-8      Lifting Left toe off the floor make 1/8 jump turn on Right foot (5), Repeat 3x (6,7,8) to face 9:00

**Start Again and Enjoy!**

### Alternate Options for the Last 4 Counts!

#### Chugs:

- 5-8      Keeping Right toe in place step out left 1/8 and push off Left foot 1/8 (5) (Repeat 3 more times to face 9:00)

#### Paddle Turns:

- 5-8      Keeping Right toe in place Point Left to left side making ¼ turn (5), Touch Left toe beside right (6), Point Left to left side making ¼ turn right (7) Touch Left toe beside right (8)

**Ending: Last rotation starts on 12:00 wall...(the music went into a "slowdown" and then the chorus will kick in one last time...the last rotation starts on 12:00 when this happens). Do the first 28 counts (up to the Rocking Chair) and take 2 big bounces on Counts 29 & 30 (instead of 4 small ones) to make a ¾ turn to face front wall...Step Left foot forward and raise both Hands up...Tada!**