

# Grow Up

拍數: 48      牆數: 4      級數: Improver  
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音樂: Grow Up - Olly Murs



Intro: 16 counts

## S1: TOUCH BACK/ TOUCH TOGETHER/SHUFFLE BACK

1-2            Touch R back- touch R beside L  
3&4            Step back on R/ step L beside R/ step back on R  
5-6            Touch L back/ touch L beside R  
7&8            step back on L/step R beside L/ step back on L

## S2: ANGLE KNEE/HOLD/SWEEPS/COASTER/WALK/WALK

1-2            Angle R knee across L[1] Hold [2]  
3-4            Sweep R foot back/ sweep L foot back  
5&6            Step back on R/ step onto L/ step forward on R  
7-8            walk forward L/ Walk forward R

## S3: TOUCH FORWARD / TOUCH TOGETHER/ SHUFFLE FORWARD

1-2            Touch L forward- touch L beside R  
3&4            Step forward on L/ step R beside L/ step forward on L  
5-6            Touch R forward/ touch R beside L  
7&8            Step forward on R/ step L beside R/ step forward on R

## S4: ANGLE KNEE/HOLD/ SWEEPS/COASTER/WALK/WALK

1-2            Angle Lknee across R [1] Hold [2]  
3-4            Sweep L foot back/ sweep R foot back  
5&6            Step back on L/step onto R/ step forward on L  
7-8            Walk forward R/walk forward L

## S5: SIDE ROCK CROSS/SIDE ROCK TOGETHER

1&2            Rock R to R side [1] replace weight on L[&] cross R over L  
3&4            Rock L to L side[ 3] replace weight on R [ &] cross L over R  
5&6            Rock R to R side [5] replace weight on L [&] step R beside L  
7&8            Rock L to L side [7] replace weight on R [&] Step L beside R

## S6: VINE/3QUARTER TURN /KICK BALL CHANGE

1-4            Step R to side/ step L behind R/ step R to side / cross L over R  
5&6            Step R quarter turn to L/step L quarter turn / step R quarter turn [ 3.00 wall]  
7&8            Kick L forward/ step onto ball of L/ step R beside L

END OF DANCE/ NO TAGS/ NO RESTARTS.

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