

I Believe

COPPERKNOB
STEPSHEETS

拍數: 91 牆數: 2 級數: Phrased Intermediate
編舞者: Trizia Ruggiero (UK) - November 2016
音樂: I Believe in You - Michael Bublé



Sequence : A/A/B/C/A/B/C/D/C/TAG/C/C

Intro: 16 counts

A/ side rock together/step lock step scuff/ half turn/ rocking chair/side rock /touch

1&2 Rock R to R side & replace beside L
3&4 Rock L to L side & replace beside R
5-6 Step forward on R – lock L behind R
7-8 Step forward on R- Scuff L forward
9-10 Step forward on L –lock R behind L
11-12 Step forward on L- scuff R forward
13-14 Step R half turn to L
15& 16 Rock forward on R –replace weight on L , rock back on R –recover on L
17& 18 Rock R to R side & Cross R over L
19&20 Rock L to L side & cross L over R
21 Touch R beside L

B/ Mambo's

1&2 Rock R to R side – replace beside L
3&4 Rock L to L side – replace beside R
5&6 Rock forward on R –replace beside L
7&8 Rock back on L – replace beside R
9&10 Rock R to R side – replace beside L
11&12 Rock L to L side- replace beside R

C/ Vine quarter turn / Sways/ Nightclub/ monteray quarter turn

1-4 Cross R over L- Step L to side –step R behind L – step L quarter turn to L
5-8 Sway hips R-L-R-L making quarter turn to L
9-12 Cross R over L- step L to side- step R behind L- step L quarter turn to L
13-16 Sway hips R-L-R-L making quarter turn to L
17 – 18 step R to R side , slide L To R
19&20 Rock back on L -recover weight on R
21-22 step L to L side, slide R to L
23&24 Rock back on R – recover weight on L
25-28 point R to R side, make quarter turn R, point L to L side , replace beside R
29-32 point R to R side, make quarter turn R, point L to L side, replace beside R

D / Kickball change x2 / V-step[out-out-in-in] / vine/step touch/ long step-slide & touch

1&2 Kick R forward[1] replace weight onto R[&] step weight onto L [2]
3&4 Kick R forward [1] replace weight onto R[&] step weight onto L[2]
5-8 Step R out-step L out- step R in –step L in
9&10 Kick R forward- replace weight onto R-step weight onto L
11&12 Kick R forward –replace weight onto R- step weight onto L
13-16 step R out –step L out –Step R in – step L in
17 -20 step R to R side- step L behind R- step R to R side- step L across R
21-22 step R to R side- touch L beside R
23-26 step L to L side- touch R beside L
27-28 step R to R side – touch Left beside R

29-32 Long step to L – slide R to L- touch R beside L

TAG/ KNEE POPS

1-4 pop knees forward

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