

Pow Wow

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Robert Lindsay (UK) & Lesley Stewart (SCO) - November 2016
音樂: Bow Chicka Wow Wow - Meghan Patrick



Intro: 16 count start on vocals

***3 Tags: On walls 2, 4 & 7.....see bottom of step sheet

S1: VINE RIGHT WITH SWIVETS

- 1-2 Step right to right side, step left behind right
- 3-4 Step right to right side, step left next to right
- 5-6 (weight on right heel & left toe) fan right toe to right as you fan left heel to left and back to centre
- 7-8 (weight on left heel & right toe) fan left toe to left as you fan right heel to right and back to centre

S2: VINE LEFT WITH SWIVETS

- 1-2 Step left to left side, step right behind left
- 3-4 Step left to left side, step right next to left
- 5-6 (weight on right heel & left toe) fan right toe to right as you fan left heel to left and back to centre
- 7-8 (weight on left heel & right toe) fan left toe to left as you fan right heel to right and back to centre

S3: RIGHT LOCK STEP SCUFF, LEFT LOCK STEP SCUFF

- 1-2 Step forward on right, lock left behind right
- 3-4 Step forward on right, scuff left
- 5-6 Step forward on left, lock right behind left
- 7-8 Step forward on left, scuff right

S4: STEP ¼ CROSS HOLD, ¼, ¼, CROSS HOLD

- 1-2 Step forward on right, ¼ turn left
- 3-4 Cross step right over left, Hold
- 5-6 ¼ turn right stepping back on left, ¼ turn right stepping right to right side
- 7-8 Cross step left over right, Hold

S5: DWIGHT YOAKOM TO THE RIGHT, KICK, BEHIND, SIDE, CROSS, KICK

- 1-2 Touch right toe next to left heel, touch right heel next to left heel
- 3-4 Touch right toe next to left heel, kick right
- 5-6 Cross step right behind left, step left to left side
- 7-8 Cross step right in front of left, kick left

S6: BEHIND, ¼ TURN, STEP HOLD, ROCK FORWARD, RECOVER, STEP, HITCH

- 1-2 Cross step left behind right, ¼ turn right stepping forward right
- 3-4 Step forward on left, Hold
- 5-6 Rock forward on right, recover on left
- 7-8 Step back on right, hitch left knee

S7: STEP BACK, ¼ TURN RIGHT HITCH, STEP, ½ TURN RIGHT HITCH LEFT, FLICK

- 1-2 Step back on left, turning ¼ right hitch right
- 3-4 Step right to right side, turning ½ turn right hitching left knee
- 5-6 Stomp left, stomp right
- 7-8 Stomp left to left side, flick right behind left (touch with left hand)

S8: STOMP, FLICK, STOMP, HOOK, FLICK, HOOK, STOMP, STOMP

- 1-2 Stomp right, flick left behind right (touch with right hand)
- 3-4 Stomp left, hook right in front of left
- 5-6 Flick right out to right side, hook in front of left
- 7-8 Stomp right, stomp left

Start Again

TAG: 4 COUNT ROLL HIPS ANTI CLOCKWISE

Tag 1: Dance up to count 16 on wall 2 roll hips anti clockwise over 4 counts

Tag 2: Dance up to count 16 on wall 4 roll hips anti clockwise over 4 counts x3

Tag 3: Dance up to count 24 on wall 7 roll hips anti clockwise over counts x3

Happy Dancing.....
