Stuck On You



拍數: 196 牆數: 4 級數: Phrased Easy Advanced

編舞者: Satomiko Yamamoto (INA) - November 2016

音樂: Stuck On You - 3T



Pattern: A1-A2-B - A1-A2-B - C-TAG - A1-A3-B - B - Ending

Start dancing when the beat is full, about 15 seconds since the music has begun. □

SESSION A1: 32 Counts

I. \Box FORWARD ROCK - SAILOR STEP WITH SWEEP - FORWARD ROCK - SAILOR CROSS WITH SWEEP

1-2 turn 1/8 to left then R step forward (10.30), recover to L

3&4 turn 1/8 to right then R step behind L with sweep action (12.00), L step slightly to left side,

turn 1/8 to right then R step slightly forward (01.30)

5-6 L step forward, recover to R

7&8 turn 1/8 to left then L step behind R with sweep action (12.00), R step slightly to right side, L

cross forward

II. IVINE - TOUCH - VINE - TOUCH

1-2	R step to right side, L cross behind R
3-4	R step to right side, L touch next to R
5-6	L step to left side, R cross behind L
7-8	L step to left side, R touch next to L

III. FORWARD WALK - FORWARD LOCK CHASSE - PIVOT ½ - TURN ½ - BACKWARD LOCK CHASSE

1-2 R step forward, L step forward

R step forward, L lock behind R, R step forward

R step forward, turn ½ to left then L step forward

7&8 turn ½ to left then R step backward, L lock in front of R, R step backward

IV.□SIDE ROCK - CROSSING SHUFFLE - SIDE ROCK - CROSSING SHUFFLE

1-2 R step to right side, recover to L

3&4 R cross in front of L, L step slightly to left side, R cross in front of L

5-6 L step to left side, recover to R

7&8 L cross in front of R, R step to right side, L cross in front of R

SESSION A2: 32 Counts

I. FORWARD ROCK - SAILOR STEP WITH SWEEP - FORWARD ROCK - SAILOR CROSS WITH SWEEP

1-2 turn 1/8 to left then R step forward (10.30), recover to L

3&4 turn 1/8 to right then R step behind L with sweep action (12.00), L step slightly to left side,

turn 1/8 to right then R step slightly forward (01.30)

5-6 L step forward, recover to R

7&8 turn 1/8 to left then L step behind R with sweep action (12.00), R step slightly to right side, L

cross forward

II. □VINE - TOUCH - VINE - TOUCH

1-2 R step to right side, L cross behind R
3-4 R step to right side, L touch next to R
5-6 L step to left side, R cross behind L
7-8 L step to left side, R touch next to L

III. □OUT-OUT – IN-IN – OUT-OUT – IN-IN

1-2 3-4	R step outward, L step outward R step inward, L step next to R		
5-6 7-8	R step outward, L step outward R step inward, L step next to R		
	V.□JAZZ BOX – DELAYED PIVOT ¼		
1-2	R cross over L, L step backward		
3-4	R step to right side, L step forward		
5-6	R step forward, hold		
7-8	turn ¼ to left then L step slightly to left side		
SESSION A3: I.□FORWARD SWEEP	32 Counts ROCK – SAILOR STEP WITH SWEEP – FORWARD ROCK – SAILOR CROSS WITH		
1-2	turn 1/8 to left then R step forward (10.30), recover to L		
3&4	turn 1/8 to right then R step behind L with sweep action (12.00), L step slightly to left side, turn 1/8 to right then R step slightly forward (01.30)		
5-6	L step forward, recover to R		
7&8	turn 1/8 to left then L step behind R with sweep action (12.00), R step slightly to right side, cross forward		
II.□VINE – TO	OUCH – VINE – TOUCH		
1-2	R step to right side, L cross behind R		
3-4	R step to right side, L touch next to R		
5-6	L step to left side, R cross behind L		
7-8	L step to left side, R touch next to L		
II.□OUT-OUT	- IN-IN - OUT-OUT - IN-IN		
1-2	R step outward, L step outward		
3-4	R step inward, L step next to R		
5-6	R step outward, L step outward		
7-8	R step inward, L step next to R		
V.□JAZZ BO	X – MODIFIED JAZZ BOX TO QUARTER		
1-2	R cross over L, L step backward		
3-4	R step to right side, L step forward		
5-6	R cross over L, L step backward		
7-8	turn ¼ to left then R step to right side, L step forward		
SESSION B: 3			
	ROCK - COMPACT CHASSE - BACKWARD ROCK - COMPACT CHASSE		
1-2	R step forward, recover to L		
3&4	R step next to L, L step next to R, R step next to L		
5-6	L step backward, recover to R		
7&8	L step next to R, R step next to L, L step next to R		
	P - SIDE SHUFFLE - SIDE STEP - SIDE SHUFFLE		
1-2	R step to right side, L step next to R		
3&4	R step to right side, L step next to R, R step to right side		
5-6	recover to L, R step next to L		
7&8	L step to left side, R step next to L, L step to left side		
	D ROCK – COMPACT CHASSE – BACKWARD ROCK – COMPACT CHASSE		
1-2	R step forward, recover to I		

R step next to L, L step next to R, R step next to L

3&4

5-6	L step backward, recover to R	
7&8	L step next to R, R step next to L, L step next to R	
IV.□SIDE STE	P – SIDE SHUFFLE – SIDE STEP – SIDE SHUFFLE	
1-2	R step to right side, L step next to R	
3&4	R step to right side, L step next to R, R step to right side	
5-6	recover to L, R step next to L	
	•	
7&8	L step to left side, R step next to L, L step to left side	
SESSION C: 64	1 Counts	
	- BACKWARD CROSS ROCK - SIDE STEP - BACKWARD CROSS ROCK - SIDE STEP -	
CLOSE	- BACKWARD CROSS ROCK - SIDE STEP - BACKWARD CROSS ROCK - SIDE STEP -	
1-2	Distants right side. Listen helpind D	
	R step to right side, L step behind R	
3-4	recover to R, L step to left side	
5-6	R step behind L, recover to L	
7-8	R step to right side, L step next to R	
	DIVOT 1/ CWAV	
	PIVOT ¼ - SWAY	
1-2	R step forward, hold	
3-4	turn ¼ to left then L step slightly to left side, hold	
5-6	recover to R, recover to L	
7-8	recover to R, recover to L	
III FIOIDE OTE		
	P – BACKWARD CROSS ROCK – SIDE STEP – BACKWARD CROSS ROCK – SIDE STEP –	
CLOSE		
1-2	R step to right side, L step behind R	
3-4	recover to R, L step to left side	
5-6	R step behind L, recover to L	
7-8	R step to right side, L step next to R	
	PIVOT ¼ - SWAY	
1-2	R step forward, hold	
3-4	turn ¼ to left then L step slightly to left side, hold	
5-6	recover to R, recover to L	
7-8	recover to R, recover to L	
	P – BACKWARD CROSS ROCK – SIDE STEP – BACKWARD CROSS ROCK – SIDE STEP –	
CLOSE		
1-2	R step to right side, L step behind R	
3-4	recover to R, L step to left side	
5-6	R step behind L, recover to L	
7-8	R step to right side, L step next to R	
VI.□DELAYED PIVOT 1/4 - SWAY		
1-2		
	R step forward, hold	
3-4	turn ¼ to left then L step slightly to left side, hold	
5-6	recover to R, recover to L	
7-8	recover to R, recover to L	
VII.□SIDE STEP – BACKWARD CROSS ROCK – SIDE STEP – BACKWARD CROSS ROCK – SIDE STEP		
- CLOSE		
1-2	R step to right side, L step behind R	
3-4	recover to R, L step to left side	
5-6	R step behind L, recover to L	
7-8	R step to right side, L step next to R	

VIII. □ DELAYED PIVOT ¼ - SWAY

1-2 R step forward, hold

3-4 turn ¼ to left then L step slightly to left side, hold

5-6 recover to R, recover to L7-8 recover to R, recover to L

TAG:

1-2 R step to right side, L step behind R3-4 recover to R, L step to left side

ENDING: For a nice Ending, make a full turn Spiral to left to finish the dance.

For more information, please contact me on: Contact: febe.yamamoto738@gmail.com