

# He's Italiano

拍數: 32      牆數: 4      級數: Improver  
編舞者: Lene Mainz Pedersen (DK) - November 2016  
音樂: Mamma mia (He's italiano) (feat. Glance) - Elena : (iTunes)



**Start: Dance begins on vocals after 16 Counts..**

**[Sec. 1] Side Rock, Behind side Cross, 4 swivels L-R-L, 1/4 turn R**

1 - 2      Rock R to R side, Recover on L  
3&4      Cross R behind L, Step L to L side, Cross R in front of L  
5 6      Swivel both heels right as you step L to left side, swivel both heels left as you step R to right side  
7 8      Swivel both heels right as you step L to left side, swivel both heels left as you make a 1/4 turn right stepping fw on R (3:00)

**[Sec. 2] Dorothy L + R, Cross Back, Side Rock L,**

1-2&      Step L fw in L diagonal, Lock R slightly behind L, Step L fw in L diagonal (1:30)  
3-4&      Step R fw in R diagonal, Lock L slightly behind R, Step R fw in R diagonal (4:30)  
5-6      Cross L in front of R (3:00), Step R back  
7-8      Rock L to L side, Recover on R \*\*\* Tag & Restart

**[Sec. 3] L sailor, hold with 'shake', R ball, L side, R points fw - side, R sailor into R side shuffle (begins count 1 in Sec. 4)**

1&2      Cross L behind R, Step R beside L, Step L to left side  
3 &4      hold (shimmy shoulders), step R beside L, step L to L side  
5 6      Point R toe across L, point R to R side  
7 & 8 &      Cross R behind L, step L beside R, step R to R side, step L beside R

**[Sec. 4] R side (end of R shuffle), L points fw - side, L sailor 1/4 turn L, Turn 1/4 L - Stomp R x 3**

1 - 3      Step R to R side, point L toe across R, point L to L side  
4 & 5      Turn 1/4 L Step/Sweep L behind R (12:00), step R beside L, Step L fw  
6 - 8      Make 1/4 turn L Stomp R to R side (weight on L) (9:00), make 1/4 turn L Stomp R to R side (weight on L) (6:00) Make 1/4 turn L Stomp R to R side (weight on L) (3:00)

**Begin again – Happy Go Lucky**

**Tag & Restart: Wall 10 after 16 Counts (6:00)**

7-8      Step L to L side, Touch R beside L

**Ending: Ends (6:00) Cross R in front of L, unwind 1/2 L stepping down on R and Pooooooooose ☐**

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