

Adored You

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Chris Cleevely (UK) - November 2016
音樂: Adore - Jasmine Thompson : (iTunes)



#32 Count intro

Section 1 (1 – 8) Sway x 4; Step Back, Point x 2

1 - 2 Sway forward on R diagonal, sway back on L
3 - 4 Sway forward on R diagonal, sway back on L
5 - 6 Step back on R, point L toe to L side
7 - 8 Step back on L, point R toe to R side

Section 2 (9 – 16) 4 Count Weave L; Cross Rock, Recover; Step ¼ Turn R, Scuff L

1 - 2 Cross R over L, step L to L side
3 - 4 Cross R behind L, step L to L side
5 - 6 Cross Rock R over L, recover weight on L
7 - 8 Making ¼ turn R, step forward on R, scuff L beside R (3 o'clock)

Section 3 (17 – 24) Step Forward L, R, L, Scuff R; R Rocking Chair

1 - 2 Step forward on L, step forward on R
3 - 4 Step forward on L, scuff R beside L
5 - 6 Rock forward on R, recover weight on L
7 - 8 Rock back on R, recover weight on L

Section 4 (25 – 32) Kick, Kick R; Step Back R, Touch L; Kick, Kick, L; Step Back L, Touch R

1 - 2 Kick, kick R foot forward
3 - 4 Step back on R, touch L toe beside R
5 - 6 Kick, kick L foot forward
7 - 8 Step back on L, touch R toe beside L

Ending (facing 9 o'clock) Step ¼ Turn R to finish facing 12 o'clock.

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