

EZ Motown

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Ultra Beginner
編舞者: Helaine Norman (USA) - November 2016
音樂: Ain't Too Proud to Beg - The Temptations



Alt. music: My Girl by Temptations

Intro: On Vocal - No tags or restarts.

I. STEP TOUCHES

- 1-2 Step R side, touch L beside
- 3-4 Step L side, touch R beside
- 5-6 Step R side, touch L beside
- 7-8 Step L side, touch R beside

II. ROCKING CHAIRS

- 1-4 Rock R forward, recover L, rock R back, recover L
- 5-8 Rock R forward, recover L, rock R back, recover L

Styling option: For counts 1-2 alternate arms swinging around body. Swing L around front while swinging R around back on count 1. Reverse doing same on count 2. Repeat arm movements through all 8 counts. Fists can be clinched if desired.

Note: For more advanced dancers opt for a half turn on counts 5-8 instead of the rocking chair.

III. CLOSED JAZZ BOX

- 1-4 Step R across L, HOLD, step L back, HOLD
- 5-8 Step R side, HOLD, step L together, HOLD

IV. TEMPTATION RIGHT SIDE, TEMPTATION WITH ¼ TURN LEFT

- 1-2 Rock R diagonally forward, recover on L
- 3-4 Step R diagonally forward, clap
- 5-6 Rock L diagonally forward, recover on R
- 7-8 Step L forward making ¼ turn left, clap

Begin dance again.

Contact: helaine43@gmail.com

Last Update - 17th March 2017