Take Me To The Water



拍數: 81 編數: 1 級數: Advanced NC 編舞者: Fiona Murray (IRE) & Roy Hadisubroto (IRE) - May 2016

音樂: To the Water - Matt Simons



Intro: ☐ Start on the word "Walked" when Matt Simons starts singing "I Walked into the...." Sequences: A A B C A B C (TAG) B (Restart) B C□ Note: The choreography is done on the lyrics so the counts could slightly modify. Footwork Part A: 28 counts□ [1 – 6]□Walk x2, Rock, Hitch, Hold, Cross, Side, Turn1/8 L, Rock□ 1 - 2 Step R forward (1), Step L forward (2) □ 12:00 Rock R forward (3), Recover onto L while hitching R knee (&), Hold (4) □ 12:00 3&4 **&5 - 6** Cross R behind L (&), Step L to L side (5), Turn 1/8 L and rock R forward (6) □ 10:30 [7 – 12]□Recover, Turn 1/8 R, Weave, Turn 1/8 L, Rock, Recover, Turn 1/2 R, Rock Recover□ 1&2 Recover back on L (1) Turn 1/8 R and Step R to R side (&), Cross L over R (2) □ 12:00 &3 - 4 Step R to R side (&) Turn 1/8 L and Rock L backwards (3), Recover onto R (4) □ 10:30 &5 - 6Turn ½ R on R and step back on L (&), Rock R back (5), Recover onto L (6) □ 4:30 [13 – 18] ☐ Step Sweep x2, Step, Hitch, Turn 1/8 R, Cross, Sway, Drag, Touch Side, Touch Together ☐ 1-2-a3 Step R forward and sweep L forward (1), Step L forward and sweep R forward (2) Step R forward and hitch L knee and turn 1/8 R on R (a3), □4:30 &4 Cross L over R (&) Step R to R side and sway R (4) □6:00 Sway L and Drag R towards R (5) touch R next to L (&) Touch R to R side (6) Touch R next 5 & 6& to L (&) □ 6:00 [19 – 28]□Night Club Basic, Cross, Unwind 1/2 Turn R, Arm movements, □ 1 - 2& Step R to R side (1), Close L behind R (2) Cross R over L (&) □ 6:00 Step L to L side (3), Cross R behind L (&) Unwind ½ Turn R (4) □ 12:00 3 & 4 5 - 6& Right Hand on Mouth (5) Left Hand on Mouth (6) Stretch both arms forwards (&) 12:00 7 Hold (7), □12:00 8 - 12 Second and third time doing Part A: repeat the arm movement again on the words "when she said" Footwork Part B: 40 counts□ [7 8& 1 – 8]□Side, Cross, Sweep, Arm movements, Turn 1/8 R, Turn ½ L, Turn 3/4 R, Nightclub Basic, Arm movements, Turn 1 ¼ R□ 7 Step R to R side and put R hand on the heart (on the words: "I'm ready") □ 12:00 Cross L on ball of L foot behind R and the back of the R hand in front of R eye (on the word: 8 "close") □ 12:00 The back of the L hand in front of L eye (on the word: "my")□12:00 1 - 2 &Drop L heel and sweep R from front to back, both arms open up to the side (on the word: "eyes") (1) Turn 1/8 R step R backwards (2) Turn $\frac{1}{2}$ L and step L forward (&) \Box 7:30 Step R forward (3) Turn ½ R and step L backwards (&) Turn ¼ R and step R to R side, bring 3 & 4 L hand to R shoulder (on the word: "hold") (4) \square 4:30 & 5 - 6 &Bring R hand to L shoulder, L hand is still on R shoulder (on the word: "tight") (&) Both arms open up to the side (5) Close L behind R (6) Cross R in front of L (&) □4:30

[9 – 16]□Turn ¼ R, Nightclub Basic 2x, arm movements, Sway 2x, Sweep, Rock, Recover, Arm movements□

backwards (&) □7:30

Turn 1/4 R and step L backwards (7) Turn 1/2 R and step R forward (8) Turn 1/2 R and Step L

7 - 8 &

1 – 2&	Turn ¼ R and step R to R side, R arm coming from behind the head and stretch out to the side looking over the right shoulder (on the word: "over")(1) Close L behind R (2) Cross R over L (&) □10:30
3 – 4&	Step L to L side and turn 1/8 R (3) Close R behind L (4) Cross L over R (&) □ 12:00
5 – a6	Step R to R side (5) Sway L to L side (a) Sway R to R side (6) □12:00
7 – 8&	Cross L behind R and Turn 1/8 R and sweep R from front to back (7) Rock R backwards and
, 55	put R Hand in front of R eye (on the word: "close") (8) L hand in front of L eye (on the word: "my) (&) □1:30
[17 – 24]□Diamond, Cross, Unwind ½ R□	
1 – 2&	Step L forward and bring both hands to front and down (on the word: eyes) (1) Step R forward (2) Step L forward (&) □1:30
3 – 4&	Turn 1/8 L and step R to R side (3) Turn 1/8 L and step L backwards (4) Step R backwards (&) □10:30
5 – 6&	Turn 1/8 L and step L to L side (5) Turn 1/8 L and step R forward (6) Step L forward (&) □7:30
7 – 8&	Turn 1/8 L and step R to R side (7) Cross L behind R (8) Unwind ½ L (&) □ 12:00
[25 – 32]□Arm Movements, Turn ¼ L, Rock, Turn ¼R, Recover, Shuffle, ¾ Turn R Curved Walk□	
1 & 2	Upper body drops down and both arms goes down (on the 1st part of the word un-) (1) bring upper body straight up and bring both arms straight forward (on 2nd part of the word: -der) (&) Hold arm position (2)□12:00
3 - 4	Turn ¼ L and Rock L to left side, and bring L arm out to L side (on the word: " steady") (3) Turn ¼ R and Recover on R (4)□12:00
5 & 6	Step L forward, Close R behind L, Step L forward ☐ 12:00
note□Third time when doing Part B, restart part B again after the shuffle of this section□	
7 & 8 &	Turn 1/4 R and step R forward (7) Turn 1/8 R and step L forward (&) Turn 1/4 R and step R forward (8) Turn 1/8 R and step L forward (&)□9:00
[33 – 40]□Step, Sweep, Press, Sweep, Cross, Turn ¼ R, Walk Forward, Rock, Recover, Walk Backwards□	
1 - 2	Step R forward and Sweep L from back to front (1) Press L forward (2), □9:00
3 – 4&	Recover back on R and Sweep L from front to back (3) Cross L behind R (4) Turn ¼ R and step R forward (&) □ 12:00
5 – 6	Walk L forward (5) Walk R forward (6) □12:00
7 & 8 &	Rock L forward (7) Recover back on R (&) Step L backwards (8) Step R backwards (&) □12:00
Footwork Part C: 13 counts□	
	2x, Nightclub Basic, Turn ¼ R, Walk Forward, Turn ¼ R, Cross □
1 - 2	Bring both hand slowly out to the side with the inside of the hand facing the ground
(on the word: "	down") and at the same time Step L to L side and sway to L (1), Sway R to R side (2)□12:00
3 - 4 &	Step L to L side (3), Close R behind R (4), Cross L over R (&) □ 12:00
5 – 6&	Turn ¼ R and step R forward (5), Step L forward (6) Turn ¼ R and Cross R over L (&) □6:00
[7 – 13]□Sway 2x, Nightclub Basic, Turn ¼ R, Walk Forward□	
1 - 2	Step L to L side and sway to L (1), Sway R to R side (2) □ 6:00
3 – 4&	Step L to L side (3), Close R behind R (4), Cross L over R (&) □ 6:00
5 – 6&	Turn ¼ R and step R forward (5), Step L forward (6) Turn ¼ R and Cross R over L (&) □12:00
7	Step L to left side (7)□12:00
Note:□Second time doing Part C after count 7 there is an extra TAG□	
8	Sway R to right side (8) □12:00
1 – 2	Sway L to L side (1) Drag R towards L (2) □ 12:00

