

Take Me To The Water

拍數: 81 牆數: 1 級數: Advanced NC
編舞者: Fiona Murray (IRE) & Roy Hadisubroto (NL) - May 2016
音樂: To the Water - Matt Simons



Intro: □ Start on the word "Walked" when Matt Simons starts singing "I Walked into the...."

Sequences: A A B C A B C (TAG) B (Restart) B C □

Note: The choreography is done on the lyrics so the counts could slightly modify.

Footwork Part A: 28 counts □

[1 – 6] □ Walk x2, Rock, Hitch, Hold, Cross, Side, Turn 1/8 L, Rock □

1 - 2 Step R forward (1), Step L forward (2) □ 12:00

3&4 Rock R forward (3), Recover onto L while hitching R knee (&), Hold (4) □ 12:00

&5 - 6 Cross R behind L (&), Step L to L side (5), Turn 1/8 L and rock R forward (6) □ 10:30

[7 – 12] □ Recover, Turn 1/8 R, Weave, Turn 1/8 L, Rock, Recover, Turn 1/2 R, Rock Recover □

1&2 Recover back on L (1) Turn 1/8 R and Step R to R side (&), Cross L over R (2) □ 12:00

&3 - 4 Step R to R side (&) Turn 1/8 L and Rock L backwards (3), Recover onto R (4) □ 10:30

&5 - 6 Turn 1/2 R on R and step back on L (&), Rock R back (5), Recover onto L (6) □ 4:30

[13 – 18] □ Step Sweep x2, Step, Hitch, Turn 1/8 R, Cross, Sway, Drag, Touch Side, Touch Together □

1-2-a3 Step R forward and sweep L forward (1), Step L forward and sweep R forward (2) Step R forward and hitch L knee and turn 1/8 R on R (a3), □ 4:30

&4 Cross L over R (&) Step R to R side and sway R (4) □ 6:00

5 & 6& Sway L and Drag R towards R (5) touch R next to L (&) Touch R to R side (6) Touch R next to L (&) □ 6:00

[19 – 28] □ Night Club Basic, Cross, Unwind 1/2 Turn R, Arm movements, □

1 - 2& Step R to R side (1), Close L behind R (2) Cross R over L (&) □ 6:00

3 & 4 Step L to L side (3), Cross R behind L (&) Unwind 1/2 Turn R (4) □ 12:00

5 - 6& Right Hand on Mouth (5) Left Hand on Mouth (6) Stretch both arms forwards (&) □ 12:00

7 Hold (7), □ 12:00

8 - 12 Second and third time doing Part A: repeat the arm movement again on the words "when she said"

Footwork Part B: 40 counts □

[7 8& 1 – 8] □ Side, Cross, Sweep, Arm movements, Turn 1/8 R, Turn 1/2 L, Turn 3/4 R, Nightclub Basic, Arm movements, Turn 1 1/4 R □

7 Step R to R side and put R hand on the heart (on the words: "I'm ready") □ 12:00

8 Cross L on ball of L foot behind R and the back of the R hand in front of R eye (on the word: "close") □ 12:00

& The back of the L hand in front of L eye (on the word: "my") □ 12:00

1 - 2 & Drop L heel and sweep R from front to back, both arms open up to the side (on the word: "eyes") (1) Turn 1/8 R step R backwards (2) Turn 1/2 L and step L forward (&) □ 7:30

3 & 4 Step R forward (3) Turn 1/2 R and step L backwards (&) Turn 1/4 R and step R to R side, bring L hand to R shoulder (on the word: "hold") (4) □ 4:30

& 5 - 6 & Bring R hand to L shoulder, L hand is still on R shoulder (on the word: "tight") (&) Both arms open up to the side (5) Close L behind R (6) Cross R in front of L (&) □ 4:30

7 - 8 & Turn 1/4 R and step L backwards (7) Turn 1/2 R and step R forward (8) Turn 1/2 R and Step L backwards (&) □ 7:30

[9 – 16] □ Turn 1/4 R, Nightclub Basic 2x, arm movements, Sway 2x, Sweep, Rock, Recover, Arm movements □

- 1 – 2& Turn ¼ R and step R to R side, R arm coming from behind the head and stretch out to the side looking over the right shoulder (on the word: “over”)(1) Close L behind R (2) Cross R over L (&)□10:30
- 3 – 4& Step L to L side and turn 1/8 R (3) Close R behind L (4) Cross L over R (&)□12:00
- 5 – a6 Step R to R side (5) Sway L to L side (a) Sway R to R side (6)□12:00
- 7 – 8& Cross L behind R and Turn 1/8 R and sweep R from front to back (7) Rock R backwards and put R Hand in front of R eye (on the word: “close”) (8) L hand in front of L eye (on the word: “my) (&)□1:30

[17 – 24]□Diamond, Cross, Unwind ½ R□

- 1 – 2& Step L forward and bring both hands to front and down (on the word: eyes) (1) Step R forward (2) Step L forward (&)□1:30
- 3 – 4& Turn 1/8 L and step R to R side (3) Turn 1/8 L and step L backwards (4) Step R backwards (&)□10:30
- 5 – 6& Turn 1/8 L and step L to L side (5) Turn 1/8 L and step R forward (6) Step L forward (&)□7:30
- 7 – 8& Turn 1/8 L and step R to R side (7) Cross L behind R (8) Unwind ½ L (&)□12:00

[25 – 32]□Arm Movements, Turn ¼ L, Rock, Turn ¼R, Recover, Shuffle, ¾ Turn R Curved Walk□

- 1 & 2 Upper body drops down and both arms goes down (on the 1st part of the word un-) (1) bring upper body straight up and bring both arms straight forward (on 2nd part of the word: -der) (&) Hold arm position (2)□12:00
- 3 - 4 Turn ¼ L and Rock L to left side, and bring L arm out to L side (on the word: “ steady”) (3) Turn ¼ R and Recover on R (4)□12:00
- 5 & 6 Step L forward, Close R behind L, Step L forward□12:00
- note□Third time when doing Part B, restart part B again after the shuffle of this section□**
- 7 & 8 & Turn 1/4 R and step R forward (7) Turn 1/8 R and step L forward (&) Turn 1/4 R and step R forward (8) Turn 1/8 R and step L forward (&)□9:00

[33 – 40]□Step, Sweep, Press, Sweep, Cross, Turn ¼ R, Walk Forward, Rock, Recover, Walk Backwards□

- 1 - 2 Step R forward and Sweep L from back to front (1) Press L forward (2),□9:00
- 3 – 4& Recover back on R and Sweep L from front to back (3) Cross L behind R (4) Turn ¼ R and step R forward (&)□12:00
- 5 – 6 Walk L forward (5) Walk R forward (6) □12:00
- 7 & 8 & Rock L forward (7) Recover back on R (&) Step L backwards (8) Step R backwards (&)□12:00

Footwork Part C: 13 counts□

[1 – 6]□Sway 2x, Nightclub Basic, Turn ¼ R, Walk Forward, Turn ¼ R, Cross □

- 1 - 2 Bring both hand slowly out to the side with the inside of the hand facing the ground (on the word: “down”) and at the same time Step L to L side and sway to L (1), Sway R to R side (2)□12:00
- 3 - 4 & Step L to L side (3), Close R behind R (4), Cross L over R (&)□12:00
- 5 – 6& Turn ¼ R and step R forward (5), Step L forward (6) Turn ¼ R and Cross R over L (&) □6:00

[7 – 13]□Sway 2x, Nightclub Basic, Turn ¼ R, Walk Forward□

- 1 - 2 Step L to L side and sway to L (1), Sway R to R side (2)□6:00
- 3 – 4& Step L to L side (3), Close R behind R (4), Cross L over R (&)□6:00
- 5 – 6& Turn ¼ R and step R forward (5), Step L forward (6) Turn ¼ R and Cross R over L (&) □12:00
- 7 Step L to left side (7)□12:00

Note:□Second time doing Part C after count 7 there is an extra TAG□

- 8 Sway R to right side (8)□12:00
- 1 – 2 Sway L to L side (1) Drag R towards L (2)□12:00

START AGAIN AND HAVE FUNNNN□

