Spanish Lady of Dublin City



拍數: 32 編數: Beginner / Improver

編舞者: Val Saari (CAN) - November 2016

音樂: Spanish Lady (Live from Slane Castle) - Celtic Woman: (CD: Celtic Women:

Holidays & Hits: Christmas Celebration/The Greatest Journey)



WALK FORWARD R.L. RF STOMP KICK, SHUFFLE BACK RLR, ROCK L, RECOVER R

1-2-3-4 STEP RF forward, Step LF forward, RF Stomp, RF kick

5&6 7-8 Shuffle back R-L-R, LF Rock back, RF recover

WALK FORWARD L,R, LF STOMP KICK, SHUFFLE BACK LRL, Rock R, RECOVER L

1-2-3-4 STEP LF forward, STEP RF forward, LF Stomp, LF kick

5&6 7-8 Shuffle back L-R-L, RF Rock back, LF recover

GRAPEVINE RIGHT WITH FIGURE 4, GRAPEVINE LEFT WITH FIGURE 4

1-2-3-4 STEP RF R, STEP LF behind R, STEP RF R, HITCH LF in Figure 4 over R STEP LF L, STEP RF behind L, STEP LF L, HITCH RF in Figure 4 over L

R STOMP KICK, SHUFFLE RLR PIVOT 1/4 R, L STOMP KICK, SHUFFLE LRL PIVOT 1/4 R

1-2 3&4 RF stomp, RF kick, STEP R behind L PIVOT 1/4 R, Step L beside R, Step R in place

5-6 7&8 LF stomp, LF kick, LF step L PIVOT 1/4 R, Step R beside L, Step L in place

BEGIN DANCE AGAIN

Notes

There are some sections in the music with erratic rhythms, but do not be concerned, just focus on your STEPS and it will all fall into place.

Since it's a traditional folk song, hands placed on hips would be appropriate. Please do "stomps" with enthusiasm.

For those with knee issues, do a hitch rather than a Figure 4