

Always On My Mind

COPPER **KNOB**
BY STEPHEN

拍數: 48 牆數: 2 級數: Improver waltz
編舞者: Edwin P Napitu (NL) - November 2016
音樂: Always On My Mind - Grant & Forsyth : (Album: Road to Nashville - amazon, iTunes & Spofif)



Intro: 12 counts - No Tag & No Restart...

S1: L BASIC WALTZ ¼ TURN L, R BASIC WALTZ BACK

1-2-3 Step L forward, make ¼ turn left/step R to right side, step L next to R
4-5-6 Step R back, step L next to R, step R next to L

S2: L BASIC WALTZ ½ TURN L, R BASIC WALTZ BACK

1-2-3 Step L forward, make ½ turn left/step R back, step L next to R
4-5-6 Step R back, step L next to R, step R next to L

S3: L STEP, PIVOT ¼ TURN L, R TWINKLE

1-2-3 Step L forward, step R forward, pivot ¼ turn left
4-5-6 Cross R over L, step L to left side, recover on R

S4: L CROSS ½ TURN L, R TWINKLE

1-2-3 Cross L over R, ¼ turn left/step R back, ¼ turn left/step L to left side
4-5-6 Cross R over L, step L to left side, recover on R

S5: L CROSS, R LUNGE SIDE, RECOVER, R SAILOR STEP ¼ TURN R

1-2-3 Cross L over R, lunge side on R, recover on L
4-5-6 Cross R behind L, ¼ turn right/step L next to R, step R forward

S6: L STEP, R KICK FORWARD, BASIC WALTZ BACK ½ TURN L

1-2-3 Step L forward, kick R forward (2 counts)
4-5-6 Step R back, ½ turn left/step L forward, step R next to L

S7: L CROSS, R BACK, L BACK, TWINKLE ¼ TURN R

1-2-3 Cross L over R, step R back, , step L back
4-5-6 Cross R over L, step L to left side, ¼ turn right/recover on R

S8: L BASIC WALTZ FORWARD, R BASIC WALTZ BACK

1-2-3 Step L forward, step R next to L, step L next to R
4-5-6 Step R back, step L next to R, step R next to L

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Just dance & have Fun!