

# Breakfast Beer

拍數: 32                      牆數: 4                      級數: Beginner +  
編舞者: Chrystel DURAND (FR) - October 2016  
音樂: Breakfast Beer - Gord Bamford



Intro : 2 x 8 counts

## [1-8] □ ROCK STEP DIAGONALLY FORWARD, COASTER STEP, ROCK STEP DIAGONALLY FORWARD, COASTER STEP

1-2                      Rock right foot diagonally right forward, recover on left  
3&4                      Right step back, ball left next to right, right step forward  
5-6                      Rock left foot diagonally left forward, recover on right  
7&8                      Left step back, ball right next to left, left step forward

Restart here on wall 3

## [9-16] □ SHUFFLE FORWARD, STEP, 1/2 TURN, SHUFFLE FORWARD, STEP, 1/4 TURN

1&2                      Chassé right forward RLR  
3-4                      Left step forward, 1/2 turn right (weight on right) - 6.00  
5&6                      Chassé left forward LRL  
7-8                      Right step forward, 1/4 turn left (weight on left) □ - 3.00

## [17-24] CROSS ROCK SIDE RIGHT AND LEFT, SWAYS

1&2                      Rock right cross over left, recover on left, right step on right side  
3&4                      Rock left cross over right, recover on right, left step on left side  
5-8                      Sway the hip on right, on left, on right, on left

## [25-32] HEELS AND TOE AND HEELS SWITCHES, STOMP UP

1&2&                      right heel forward, right next to left, left heel forward, left next to right  
3&4&                      right point on right side, right next to left, left point on left side, left next to right  
5&6&                      right heel forward, right next to left, left heel forward, left next to right  
7-8                      Stomp right next to left x 2 (keep weight on left)

Restart : on wall 3, dance the first sequence and restart the dance from the beginning (face at 6.00)

TAG: at the end of wall 6 (started at 12.00), add 2 stomps up and start the dance (face at 3.00)

HAVE FUN !

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