

Cilla's Dance

拍數: 32 牆數: 0 級數:
編舞者: Lene Ramsing (NL) - June 2016
音樂: Mama Take Me Home - Rednex



Intro: 24 count, start with weight on left foot facing 12 o'clock.

**** Dedicated to Cilla Sandstrøm, who is one of many service dogs that helps people with special needs.**

[1 – 8] □ Side step, step together, romba forward, side step, step together, romba back.

- 1 - 2 (1) Step R foot to the right (2) step L foot next to R foot.
- 3 & 4 (3) Step R foot to the right (&) step L foot next to R foot (4) step R foot forward.
- 5 - 6 (5) Step L foot to the left (6) step R foot next to L foot.
- 7 & 8 (7) Step L foot to the left (&) step R foot next to L foot (8) step L foot back.

[9 – 16] □ Chassé, back and heel dig, vaudeville, vaudeville.

- 9 & 10 (9) Step R foot to the right side (&) step L foot next to R foot (10) step R foot to the right.
- 11 & 12 & (11) Step L foot behind R foot (&) step R foot next to L foot (12) heel dig with left (&) recover L foot beside R foot.
- 13 & 14 & (13) Step R foot across in front of L foot (&) step L foot to left, (14) dig R heel forward (&) recover R foot next to L foot.
- 15 & 16 & (15) Step L foot across in front of R foot (&) step R foot to right, (16) dig L heel forward (&) recover L foot next to R foot.

[17 – 24] □ Rock, coaster step, rock, shuffle ½.

- 17 - 18 (17) Rock forward on R foot (18) recover weight on L foot.
- 19 & 20 (19) Step back on R foot (&) step L foot next to R foot (20) step R foot forward.
- 21 - 22 (21) Rock forward on L foot (22) recover weight on R foot.
- 23 & 24 (23) Step L foot 1/4 to the left (&) step R foot next to L foot (24) step L foot 1/4 to the left.

[25 – 32] □ Step forward, point, step back, point, syncopated jazz box 1/4.

- 25 - 26 (25) Step R foot forward (26) point L foot diagonally forward to the left.
- 27 - 28 (27) Step L foot back (28) point R foot diagonally back to the right.
- 29 - 30 (29) Cross R foot across in front of L foot (30) step L foot back.
- 31 & 32 (31) Step R foot 1/4 turn to the right side (&) stomp L foot next to R foot (32) stomp R foot next to L foot.

Tag: □ After wall 7 - facing 3 o'clock - 4 count tag: 2 x pivot turn.

- 1 - 2 (1) Step R foot forward (2) turn 1/2 to the left and recover weight on L foot.
- 3 - 4 (3) step R foot forward (4) turn 1/2 to the left and recover weight on L foot.

Ending: □ Wall 9 - after 28 count facing 6 o'clock, last 4 counts: Jazz box 1/2, stomp.

- 29 - 30 (29) Step R foot across over L foot (30) step L foot back.
- 31 - 32 (31) Step R foot 1/2 turn to the right (32) stomp L foot next to R foot facing 12 o'clock. End of dance.

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