

# Understanding

**COPPER KNOB**  
STEPPEDETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Fred CHABBAT (FR) - October 2016  
音樂: Understanding - Lucas John and the Buddies



**Intro: 16 Counts - No Tag & No Restart**

## **SI – DIAG. STEP LOCK STEP R/L x 2**

1-2&      Step R diag R – Step L lock behind R – Step R diag R  
3-4&      Step L diag L – Step R lock behind L – Step L diag L  
5-6&      Step R diag R – Step L lock behind R – Step R diag R  
7-8&      Step L diag L – Step R lock behind L – Step L diag L

## **SII – BACK STEP R/L x2 – SAILOR STEP ¼ TURN R – POINT & HIP BUMP x2**

1-2      Back Step R – Back Step L  
3-4      Back Step R – Back Step L  
5&6      R behind L - ¼ Turn R, L side L – Step R Fwd  
7&8&      Weight on R in place, Hip L Fwd with Point L – Hip R back - Hip L Fwd with Point L – Hip R back

## **SIII – STEP L & HITCH R - 1/4 TURN R & SIDE – CROSS ROCK – COASTER STEP – CROSS & SIDE**

1-2-3      Step L Fwd – Hitch R Fwd – ¼ Turn R, Step R to R  
4&5      Cross L onto R – Recover on R – Step L to L  
6&7      Back Step R – L beside R – Step R Fwd  
8&1      Cross L onto R – Step R to R – Recover on L

## **SIV – MAMBO ¼ TURN R – CROSS MAMBO – WIZARDS R/L**

2&3      Step R Fwd – Recover Step L – ¼ Turn R, Step R to R  
4&5      Cross Step L onto R – Recover Step R – Step L to L  
6&7      Step R diag R – Step L lock behind R – Step R diag R  
&8&      Step L diag L – Step R lock behind L – Step L diag L

**End of the Dance!!!!... Thanks**

**Infos Fred: fredchabbat@free.fr - <http://animaxi-loisirs.jimdo.com>**