

Little Shadows

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Jonathan YANG (FR) - August 2016
音樂: Shadows - Lindsey Stirling



Start the dance after 15 counts

TOUCH, TWIST, ROCK BACK, SIDE TRIPLE, 1/4 TURN SIDE TRIPLE

1&2 touch RF point to R side (1), twist heels to R (&), twist heels to center (2)
3.4 rock RF on the back, recover on LF forward
5&6 side triple to R side : R-L-R
7&8 1/4 turn to L with side triple to L side

CROSS ROCK, SIDE, CROSS, TOUCH SWITCHES, TWIST

1.2 cross rock on RF forward, recover on LF backward
3.4 step RF to L side, cross LF over RF
5 touch R point to R side
&6 step RF next to LF, touch L point to L side
&7 step LF next to RF, touch R point forward
&8 twist heels out (&), twist heel in (8) (weight on LF backward)

WALKS BACK RIGHT & LEFT, RIGHT COASTER STEP, STEP 1/2 TURN, TRIPLE FORWARD

1.2 walk RF & LF to the back
3&4 step RF backward on ball, step LF backward on ball, step RF forward
5.6 step LF forward, turn 1/2 to R (weight on RF forward)
7&8 L triple forward : L-R-L

TOUCH SWITCHES, BALL SIDE, CLAP, BALL SIDE, STOMP

1 touch R point to R side
&2 step RF next to LF, touch L heel forward
&3 step LF next to RF, touch R heel forward
&4 step RF next to LF, touch L point to L side
&5 step LF next to RF on ball, step RF to R side
6 clap
&7 step LF next to RF on ball, step RF to R side
8 stomp LF next to RF

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