

Tired of Going Round And Round

COPPER KNOB
BY STEPHEN WATTS

拍數: 32 牆數: 4 級數: Improver
編舞者: Mick (Mickyboy) Watts (UK) - October 2016
音樂: Stop the World - Declan Nerney : (Album: Going Round And Round - iTunes)



Note: Dance starts after approx. 11 seconds/16 beats after he sings Stop.

Note 2: One restart wall 6 (6 o'clock) Step 28 Step left side of right foot (after mambo)

Alternate Music: Stop The World by Dwight Yoakam (No Restart Needed)(Album: Dwight's Used Records)
Available on iTunes.

[1 – 8] Forward and Back Mambo, Chassis to Right, Rock left behind and recover.

1&2-3&4 Step forward right(1) Weight back on left(&) Step right beside left(2). Step back on left(3)
 Weight back on right(&) Step Left beside right(4).
5&6-7&8 Step right to right(5) Step left up to right(&) Step right to right(6). Rock left behind right(7)
 Weight back on to right(&) Step left to left(8).

[9 – 16] Extended Weave, Diagonal Rocking Chair, Rock With 1/8 Turn Left.

9&10&11&12 Step right behind left(9) Step left to left(&) Step right over left(10) Step left to left(&) Step right
 behind left(11) Step left to left(&) Step right over left(12).
13&14&15&16 Facing left diagonal step left forward(13) Weight back on right(&) Step left foot
 back(14) Weight back on right(&) Step left foot forward again(15) Weight back on right(&) Turn
 1/8 left stepping left to left side(16)(9 o'clock).

[17 – 24] Cross Shuffle, Scissor Step, Reverse Rumba box

17&18-19&20 Cross right over left(17) Step left to side of right(&) Cross right over left(18) Rock to left on
 left(19) Bring right towards left(&) Cross left over right(20)
21&22-23&24 Step right to right(21) Bring left to right(&) Step right foot back(22) Step left to left(23) Bring
 right foot to left(&) Step left foot forward(24).

[25 – 32] Forward Shuffle, Mambo, Back Shuffle, Coaster Step.

25&26-27&28 Step forward on right foot(25) Bring left foot to side of right(&) Step forward on right foot(26)
 Rock forward on left foot(27) Weight back on to right foot (&) Step left back to side of right
 foot(28).(restart here).
29&30-31&32 Step right foot back(29) Step left foot back to side of right(&) Step right foot back(30) Step left
 foot back(31) Step right foot side of Left(&) Step left foot forward(32).

No Tags-Enjoy

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