

# Night Crawl

COPPER KNOB  
STEPSHEETS

拍數: 48

牆數: 2

級數: Low Intermediate - Smooth WCS  
flavor



編舞者: Jill Babinec (USA) & Debi Pancoast (USA) - November 2016

音樂: Night Crawl (Country Heat) - Jo Dee Messina : (Album: Country Heat)

Intro: 16 count intro, to start with vocals. Pattern: 48\_48\_32\*\_48\_32\*\_48

## [1 – 8] □ Rotating Poppin Walk

Note: Keep upper body level and use your knees and heels to contain the “pop” in the lower body. There is no “bounce” intended.

- 1&2            1) Step back R, &) Lift both heels to “pop knees” with 1/4 right rotation to 3:00, 2) Lower heels  
&3            &) Lift heels/”pop knees” with 1/4 right rotation to 6:00, 3) Lower heels with weight on R  
&4            &) Lift heels/pop knees, 4) Touch L toe forward as you lower heels  
&5            &) Lift both heels to “pop knees” with 1/4 right rotation to 9:00, 5) Lower heels  
&6            &) Lift heels/”pop knees” with 1/4 right rotation to 12:00, 6) Lower heels with weight on L  
&7            &) Lift heels/pop knees, 7) Touch R toe back as you lower heels  
&8            &) Lift both heels to “pop knees” with 1/4 right rotation to 3:00, 8) Lower heels with weight on R

## [9– 16] □ 1/4 Turning Jazz Box, Walk Back, Swivel Back, Swivel Back Triple

- 1,2            1) Step L across R, 2) Step back R opening body to left  
3,4            3) Turn 1/4 left to face 12:00 stepping side L, 4) Rock/Press forward R  
5,6            5) Step back L, 6) Step back R with bent knee and L heel on ground (L toes fan to left)  
7&8            7) Step back L with bent knee and R heel on ground (R toes fan to right), &) Step back R with bent knee and L heel on ground (L toes fan to left), 8) Step back L with bent knee and R heel on ground (R toes fan to right)

Styling note on counts 6-8 above: the knee bends are slight and also bend a little from the hip so your butt sticks out a bit.

## [17-24] □ Walk Back, Back, Behind-Side-Forward, Step/Bump n’ Bump, Turn Bump n’ Bump/Step

- 1,2            Small step back R, Small step back L  
3&4            Step R behind L, Step side L, Step forward R  
5&6            Touch L forward bumping hips left/forward, Bump hips right/back, Bump hips left turning 1/4 right to 3:00 and taking weight on L  
7&8            Turn 1/4 right to 6:00 bumping hips right/forward, Bump hips left/back, Bump hips right/forward taking weight on R

## [25-32]\* □ Rock, Recover, Sweep Sailor Step, Rock-&-Together, Roll It On Down\*

- 1,2            Rock forward L, Recover weight back on R releasing L foot to sweep around to back  
3&4            Step L behind R, Step side R, Step side/slightly forward L  
5&6            Rock forward R, Recover weight back on L, Step together R with split weight  
7-8&            Body roll top to bottom into slightly bent knees, Take weight on L\*

\*Restart from beginning of dance at this point on 3rd and 5th rotations.

## [33-40] □ Skate, Skate, Triple Step, Cross Rock-&-Side, Cross Rock-&-Side

- 1,2            1) Skate step R, 2) Skate step L  
3&4            Triple forward to right diagonal R, L, R  
5&6            Rock L across R, Recover weight on R, Step side L  
7&8            Rock R across L, Recover weight on L, Step side R

## [41-48] □ Rock-&-Back, Back, Back, Pony Hitch, Pony Hitch

- 1&2            Rock forward L, Recover weight back on R, Step back L  
3,4            Walk back R, L  
5&6            Lean slightly back and step back on R with bent knees for a low bounce, straighten knees,  
                 Bend knees lifting/hitching L slightly so L toes just touch floor  
7&8            Lean slightly back and step back on L with bent knees for a low bounce, straighten knees,  
                 Bend knees lifting/hitching R slightly so R toes just touch floor

**Add you own flavor and style and above all....Enjoy!!**

**This step sheet may be freely copied intact, however, modifications to this step sheet may not be made without the permission of the choreographer.**

**Please contact the choreographers regarding any errors or inconsistencies for correction/revision. Thank you!**

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