

Blame It On My Heart EZ

拍數: 32 牆數: 4 級數: Beginner
編舞者: Elaine Hornagold (UK) - November 2016
音樂: Blame It on My Heart - Karmin



Intro: 4 Counts start on vocals

Section 1: □ Step, Lock, Step Lock Step, Rock Fwd, Recover, Shuffle ½ Turn Left

1 – 2 Step Right forward, Lock Left behind.
3 & 4 Step Right forward, Lock Left behind, Step Right forward.
5 – 6 Rock forward on Left, Recover onto Right.
7 & 8 Shuffle ½ turn Left stepping L - R - L

Section 2: □ Step, Lock, Step Lock Step, Rock Fwd, Recover, Coaster Step

1 – 2 Step Right forward, Lock Left behind.
3 & 4 Step Right forward, Lock Left behind, Step Right forward.
5 – 6 Rock forward on Left, Recover onto Right.
7 & 8 Step back on Left, Step Right next to Left, Step forward on Left.

Section 3: □ Forward Point, Kick Ball Point, Jazz Box ¼ Turn Right

1 – 2 Step forward on Right. Point Left to Left side.
3 & 4 Kick Left Forward. Close Left beside Right. Point Right to Right side.
5 – 6 Cross Right over Left, Step back on Left
7 – 8 ¼ turn Right stepping Right to Right side. Step forward Left.

Section 4: □ Step Touches, Out Out In In, Heel Bounces

1 – 2 Step forward to Right diagonal with Right. Touch Left next to Right.
3 – 4 Step back to Left diagonal with Left. Touch Right next to Left.
& 5 & 6 Step Right apart. Step Left apart. Step Right In, Step Left Together.
7 – 8 Bounce both heels Twice.

Contact: elaine@applejaxlinedancers.co.uk