

Turn It Up Up Up Up Up

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - October 2016
音樂: Turn It Up (feat. Belly & Danny Fernandes) - Mia Martina : (Album: Devotion)



No Tags Or Restarts

Start after 16 counts from when the beat kicks in approx. 14secs – 136bpm – 3mins 6 secs
Music Available from Amazon - BIG thank you to Phil for recommending the song!

[&1-8] Step R & L apart, R knee in & out, R kick ball cross, R side, L back rock/recover

&1-4 Step R apart, step L apart, turn R knee in, turn R knee out, kick R out to diagonal
&5-8 Step R back, cross step L over R, step R side, rock L back, recover weight on R

[9-16] L & R syncopated side rocks, ¼ R jazz box cross

1-2& Rock L side, recover weight on R, step L together
3-4 Rock R side, recover weight on L
5-8 Cross step R over L, step L back, turning ¼ right step R side, cross step L over R (3 o'clock)

[17-24] R side & front points, R ball step fwd, L side rock/recover, ⅝ L turning coaster step

1-2 Touch R to right side, touch R forward
&3-4 Step R back, step L forward, step R forward
5-6 Rock L side, recover weight on R
7&8 Turning ⅝ left to face diagonal step L back, step R together, step L forward (7 o'clock)

[25-32] On diagonal: R fwd, hold, L together, walk fwd 2, R fwd, ½ L pivot turn, R fwd shuffle

1-2& Step R forward, hold, step L together
3-6 Step R forward, step L forward, step R forward, pivot ½ left to front diagonal
7&8 Step R forward, step L together, step R forward (1 o'clock)

[33-40] On diagonal: L fwd, hold, R together, walk fwd 2, L fwd rock/ recover, ⅝ L coaster

1-2& Step L forward, hold, step R together
3-6 Step L forward, step R forward, rock L forward, recover weight on R
7&8 Turning ⅝ left step L back, step R together, step L forward (9 o'clock)

[41-48] Syncopated R & L syncopated rock steps, ¼ L jazz box

1-2& Rock R side, recover weight on L, step R together
3-4 Rock L side, recover weight on R
5-8 Cross step L over R, step R back, turning ¼ left step L side, step R forward (6 o'clock)

[49-56] L fwd, R together, bounce turn ¼ L, L rock back/recover, L fwd shuffle

1-4 Step L forward, step R together, bounce (pulse....lol) turning ¼ left weight on back foot (right) (3 o'clock)
5-6 Rock L back, recover weight on R
7&8 Step L forward, step R together, step L forward

[57-64] R fwd, ¼ L pivot turn, R cross shuffle, ½ R hinge, L shuffle fwd

1-2 Step R forward, pivot ¼ left (12 o'clock)
3-4 Cross step R over L, step L side, cross step R over L
5-6 Turning ¼ right step L back, turning ¼ right step R side (6 o'clock)
7&8 Step L forward, step R together, step L forward

Alternative – counts 7&8: Execute a full right turn as you shuffle forward

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