

Amarte Bien

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Beginner
編舞者: Bernard Canal (FR) - October 2016
音樂: Amarte Bien (feat. Juan Magan) (Remix) - Carlos Baute



Start : After sung intro 4 x 8 times

A[1-8] Side Right, Bring back Left (twice), Side Rock Right, Cross Shuffle

1-2 Step right to right, step left next to right foot
3-4 Step right to right, step left next to right foot
5-6 Step right to right, recover on left
7&8 Cross right over left, Step left to left, cross right over left

B[1-8] Side Rock Left, Step touch side x 3

1-2 Step left to left, recover on right
3-4 Step left forward, touch right toe to right
5-6 Step right forward, touch left toe to Left
7-8 Step left forward, touch right toe to right

C[1-8] Point Before, Point Side, Coaster Step, Side Rock L, ¼ Turn R, Shuffle Forward

1-2 Point right forward, Point right on the right side
3&4 Step right backwards, Bring left beside right, step right forward
5-6 Step Left to Left, ¼ Turn Left Step forward - 03:00
7&8 Step left forward, step right beside left, step left forward

D[1-8] Ask right heel forward, ¼ turn R, Coaster Step R, Kick Ball Step L, Step L, Stomp R

1-2 Ask right heel forward, ¼ turn to the right - 06h00
3&4 Step right backwards, Bring left beside right, step right forward
5&6 Kick left forward, left beside right plant, right forward
7-8 Step left forward, step right beside left Tape

REPEAT START SMILE AND HAVE FUN !

Contact: bernard.canal@hotmail.fr
