

Nobody But Me

拍數: 80 牆數: 2 級數: High Improver
編舞者: Trizia Ruggiero (UK) - October 2016
音樂: Nobody But Me - Michael Bublé



Intro: 8 counts

Section 1 : Mambo's – Cross-side-sailor

1 & 2 Step fwd and back on R
3 & 4 Step back and fwd on L
5-6 Cross R over L- step L to side
7 & 8 sweep R behind L –replace weight onto R

Section 2 : Cross-side- Sailor quarter turn – Jazz box

9-10 Cross L over R –step R to side
11 & 12 sweep L behind R replace weight onto L as you make a quarter turn L
13-16 cross R over L – step back on L – step R to R side- place L next to R

Sections 3 & 4: REPEAT SECTIONS 1& 2 [COUNTS 17- 32]

SECTION 5 : Side rock –behind & cross

33-34 side Rock with R to R side
35 & 36 step R behind R –step L to L side – cross R over L
37-38 side rock L to L side
39 & 40 step L behind R- step R to R side – cross L over R

Section 6 : Kick & points-Pivot half turn- flick & touch

41& 42 Kick R forward-point L to L side
43& 44 Kick L forward – point R to R side
45-46 Step R forward half pivot turn to L
47& 48 Flick R to R side – touch R beside L

Section 7 : Point-touch-shuffles

49-50 Point R to right side –touch R beside L
51 & 52 step R forward- step L beside R – step R forward
53-54 Point L to left side-touch L beside R
55 & 56 step L forward- step R beside L- step L forward

Section 8: Rumba box- mambo's

57 &58 step R to right – step L beside R- step R forward
59 & 60 step L to left side- step R beside L- step L back
61 & 62 rock R to right side –replace R beside L
63 & 64 rock L to left side- replace L beside R

Section 9: Point-touch –shuffle's

65-66 Point R to right side- touch R beside L
67 & 68 step R back- step L beside R – step R back
69-70 Point L to left side-touch L beside R
71 & 72 step L back – step R beside L- step L back

Section 10: Skates- pivot half turn-flick & touch

73-76 Skate forward R-L-R-L
77-78 Step R forward pivot Half turn

79 & 80 Flick R to right side- touch R beside L

END OF DANCE

RESTART: On Wall 3 / Do First 32 Counts Then Start Dance Again.

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