

# Shout Out To My EX

**COPPER** **KNOB**  
BY STEPHEN

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Ray Hodson (UK) - October 2016  
音樂: Shout Out to My Ex - Little Mix



**Start: 32C from beat, 17 Seconds**

## **S1: CROSS ROCK SIDE, UP DOWN AND WEAWE**

1,2,3      Cross Right Over Left, Recover, Right to Side  
& 4,      Lifting both heels (&), Both heels down (4)  
5,6,7,8      Cross L, Side Right, Behind Left, Side Right

## **S2: CROSS ROCK SIDE, UP DOWN, ROCK RECOVER, BACK LOCK BACK**

1,2,3      Cross Left Over Right, Recover, Left to Side  
& 4,      Lifting both heels (&), Both heels down (4)  
5,6      Rock Right Forward, Recover on Left  
7&8      Step Back Right, Lock Left in Front of Right, Step Back Right

## **S3: BACK ROCK, QUARTER SHUFFLE, BEHIND SIDE, STEP PIVOT 1/2**

1, 2      Rock Back Left, Recover on Right  
3&4      ¼ Shuffle Right stepping Left, Right, Left  
5,6      Step Right Behind Left, Step Left to Side  
7,8      Step Right Forward, Pivot 1/2 Left

## **S4: WALK, WALK, KICK BALL STEP, STEP ¼ CROSS SIDE**

1,2      Step R Forward, Step L Forward  
3&4      (Kick ball Step) Kick Right Forward, Step next to Left, Step Left Forward  
5,6      Step R Forward, Pivot ¼ Left,  
7,8      Cross Right over Left, Step L to Side,

**Tags/ Restarts: NONE**

I hope you enjoy, Ray: <http://urbanlinedance.co.uk>  
Contact: [ray.hodson@sky.com](mailto:ray.hodson@sky.com)