

How You Live

拍數: 84 牆數: 4 級數: Intermediate waltz
編舞者: Carl Sullivan (AUS) - October 2016
音樂: How You Live (Turn Up the Music) - Point of Grace : (Album: How You Live - iTunes)



No intro as such – Start on the word “up”

Dance turns ¼ R – 4 wall □

- 1-2-3 Step L fwd on R diagonal, Step R beside L turning to face L diagonal, Step down on L
4-5-6 Step R fwd on L diagonal, Point/touch L toe to L side squaring up to 12:00, Hold
- 1-6 Repeat first 6 counts moving slightly fwd
- 1-2-3 Cross-step L over R turning ¼ L, Step R beside L, Step L beside R - 9:00
4-5-6 Basic waltz back RLR (Step R back, Step L beside R, Step R in place)
- 1-2-3 Step L fwd turning ½ L, Step R beside L, Step L in place - 3:00
4-5-6 Basic Waltz back RLR (Step R back, Step L beside R, Step R in place)
- 1-2-3 Cross-step L over R, Step R to R, Step L behind R
4-5-6 Big step on R to R, Drag L towards R, Step L beside R on count 6
- 1-6 Repeat above 6 counts to the L starting on the R
- 1-2-3 Cross-step L over R, Step R close to R turning ½ L, Step L slightly L
4-5-6 Cross Waltz (Cross-step R over L, Rock-step L to L, Replace on R)..... Restart on Wall 5
- 1-6 Repeat above 6 counts
- 1-2-3 Step L fwd on R diagonal, Touch L beside R turning body slightly L, Hold
4-5-6 Step R fwd on same diagonal, Turning ½ R Step L beside, Step R in place
- 1-6 Repeat above 6 counts
- 1-2-3 Facing 3:00 - Cross-step L over R, Step R to R, Step L behind R □ - 3:00
4-5-6 Step R to R, Touch L beside R, Hold
- 1-2-3 Step L fwd, Turning ½ L Step R beside L, Step L in place - 9:00
4-5-6 Big step back on R, Drag L back, Step L beside R
- 1-12 Repeat above 12 counts starting with R foot & turning R instead of L - 3:00

EACH VERSE - LEAVE OFF THE LAST 3 COUNTS

EACH CHORUS FINISHES AT THE END ON COUNT 84 - PLUS THERE IS A LONG TAG

Long Tag: After each Chorus do this 12 count tag

- 1-2-3 Cross-step L over R, Point/touch R to R, Hold
4-5-6 Step R behind L, Point/touch L to L, Hold
7-12 Cross Waltz (Twinkle 1-2-3) Cross ¼ R Waltz (Cross 1/4 Twinkle 1/4 R 4-5-6)

Short Tag: After Verse 3 (wall 6) - do the first 6 counts of the Long Tag

Restart: on Wall 5 dance only 42 counts then Restart

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