

All Night

拍數: 32 牆數: 4 級數: Beginner
編舞者: Ansa Bingham (SA) - October 2016
音樂: Toda La Noche by El Simbolo



Start dancing after 16 counts – on lyrics

S1: SIDE TOUCHES // ROCKING CHAIR

1, 2, 3, 4 Step R foot to right (1), touch L foot next to R (2), Step L foot to left (3), touch R foot next to L (4)
5, 6, 7, 8 Rock fwd on R foot (5), recover back L foot (6), rock backward on R foot (7), Recover on L(8)

S2: WALK FORWARD & KICK // WALK BACK & TAP

1, 2, 3, 4 Walk fwd R, L, R (1,2,3), kick L foot fwd (4)
5, 6, 7, 8 Walk backward L, R, L (5,6,7), tap R foot next to L (8)

S3: 4X SIDE TOUCHES (RIGHT TOUCH, ¼ LEFT TURN TOUCH, RIGHT TOUCH, LEFT TOUCH) AT THE SAME TIME SWING ARMS TO THE RIGHT AND TO THE LEFT AS YOU ARE DOING THE SIDE TOUCHES, FLICKING THE FINGERS ON EVERY "TOUCH"

1, 2, 3, 4 Step R foot to right (1), touch L next to R (swinging both arms to the right, clicking fingers on the "touch") (2), Step ¼ turn onto L foot (3), touch R foot next to L (swinging both arms to the left, clicking fingers on the "touch") (4)
5, 6, 7, 8 Step R foot to right (5), touch L next to R (swinging both arms to the right, clicking fingers as you "touch") (6), Step to the left onto L foot (7), touch R foot next to L (swinging both arms to the left, clicking fingers on the "touch") (8)

LAST 8 COUNTS: OPTION 1

S4: 4X SHUFFLES FORWARD

1 a 2, 3 a 4 Step R foot forward to (1), recover backward on L (&), Step R foot fwd (2) Step L foot forward to (3), recover backward on R (&), Step L foot fwd (4)
5 a 6, 7 a 8 Repeat as above

LAST 8 COUNTS: OPTION 2

S4: STEPPING RIGHT FOOT FWD: ROCK, RECOVER, STEP, BRUSH // STEPPING LEFT FOOT FWD: ROCK RECOVER, STEP, BRUSH

1, 2, 3, 4 Step R foot forward to (1), recover backward on L (2), Step R foot fwd (3), brush L foot (4)
5, 6, 7, 8 Step L foot forward to (5), recover backward on R (6), Step L foot (fwd (7), tap R foot next to L (8)

End of dance – start again

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Last Update – 6th Feb 2017