

Sunday Morning With You

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Matthew Grocott (UK) - October 2016
音樂: Sunday Morning - Kaiser Chiefs : (Album: Stay Together)



Start on: "I Got Rooms"

S1: Out Out , Kick-Ball-step , Cross, Side , Rock , Recover ,

1-2 Step right to ride , Step left to left side ,
3&4 Kick right foot forward , On ball right next to left , Step forward on left ,
5-6 Cross right over left , Step left to left side ,
7-8 Rock back on right , Recover on left ,

S2: Kick-Ball-Cross , Side-Rock , Recover , Behind 1/4 Turn , Walk Walk ,

1&2 Kick right foot forward , On ball right next to left , Cross left over right ,
3-4 Rock right to right side , Recover on left ,
5-6 Step right behind left , Making 1/4 turn left stepping forward on left , (9:00) ,
7&8 Walk forward on right left ,

Restart: During wall 8 start dance again: (9:00)

S3: R Mambo 1/2 Turn R , Skate Skate , 1/2 Shuffle Turn , R Coaster Step ,

1&2 Rock forward on right , Recover on left , Making 1/2 turn right stepping forward on right (3:00)
,
3-4 Skate left forward , Skate right Forward
5&6 Making 1/2 shuffle turn right stepping left , right , left (9:00) ,
7&8 Step back on right , Step left next to right , Step forward on right ,

S4: Cross , Point , Touch , Cross , Point ,Touch , L Forward Shuffle , R Mambo Touch ,

1-2& Cross left over right , Point right toe to right side , Touch right toe next to left ,
3-4& Cross right over left , Point left toe to left side , Touch left toe next to right ,
5&6 Step forward on left , Step right next to left , Step forward on left ,
7&8 Rock forward on right , Recover back left , Touch right next to left ,

Start Dance Again:

Tag: 4 Count Tag End Of Wall 2 (Facing 6:00 Wall)

Side - Rock , Recover , Back - Rock , Recover

1-2 Rock right to right side, Recover on left,
3-4 Rock back on right, Recover on left,